




Family Services & Supports in Oklahoma County

*Keeping Your
Family
Strong*

- Services
- Supports
- Networks
- Financial
- Nutrition
- Medical
- Housing
- Training/Education

OkCountyKids
Task  Force
www.okcountykids.org

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ADOPTION

Deaconess Pregnancy and Adoption Services 405-949-4200 (Emergency) 405-397-3140

7101 NW Expressway
OKC, 73132

9:00 to 5:00 Mon. – Thurs 9:00 to 12:30 Fri.

- Counseling
- Adoption planning - birth parent is able to help in the selection process of adoptive parents
- Care closet - maternity and infant clothing; car seats and strollers available for use.
- Licensed adoption and child placement
- Adoption reunion registry

Gladney Center (Call this number first) 1-800-452-3639 Adoption/International Agency 405-590-4196

6300 John Ryan Dr.
Ft. Worth, TX

Andrea Stewart Soc. Worker (works out of home)

8:30 – 5:00 Mon. – Fri.

- Residential living in Ft. Worth, Texas
- Adoptive services in clients hometown
- Adoption and pregnancy option counseling
- Adoption planning (including medical arrangements, legal assistance, reviewing profiles of adoptive families)
- Fort Worth location provides education and some career training, counseling and medical care
- Free pregnancy test
- Housing
- Transportation
- Individual, group and peer counseling
- Support groups
- Birthing classes
- Mommy and baby store
- Continuing education
- “Adopt a Mommy” program
- Career planning
- Parenting classes
- Foreign adoption

Oklahoma Baptist Homes for Children 405-691-7781 Baptist General Convention

3800 N. May Ave.
OKC, 73170

and

16301 S. Western
OKC, 73170

8:30 – 5:00 Mon. – Fri.

Counseling – no charge whether or not the woman places the baby for adoption. All medical bills paid if the woman places the baby for adoption (the woman is responsible for all of the medical expenses if she keeps the baby). The woman can participate in selecting the adoptive parents.

Small Miracles International 405-732-7295

1148 S. Douglas Blvd.
Midwest City, 73130

10:00 – 5:00 Mon. – Fri.

- Licensed child-placing agency
- Adoptive placements, specializing in international, minority and special needs adoption.
- Services and counseling to birth parents
- Parenting classes
- Workshops on parenting issues and adoption

Department of Human Services/Child Welfare Division 405-767-2600

5905 N. Classen Blvd.
OKC, 73118-5947

8:00 – 5:00 Mon. – Fri.

- Foster Care – full time care provided while parents receive social services to improve family life until permanent placement is developed.
- Adoption – aid in locating adoptive homes, counseling, and support provided to the child and adoptive parents.

Associated Catholic Charities 405-523-3026

Call for referrals

1501 N. Classen Blvd.

Suite 200

OKC, 73106

8:00 – 4:30 Mon. – Fri.

Holy Family Home residential services for pregnant teenagers 12-17 years of age. Family Support Services – pregnancy testing, maternity services, maternity counseling and case management.
24 hours, 7 days a week

Adoption Choices of Oklahoma (405) 794-7500

201 N Broadway Ave
Oklahoma City, OK

Adoption Choices of Oklahoma understands that you may have many questions right now about your unplanned pregnancy and are likely unsure what you want to do. We hope to help you through this difficult and confusing time by answering your questions and explaining how adoption works so you can make the best decision for your situation. In order for us to best assist you, please complete as many fields as possible.

Catholic Charities (405) 523-3012

1501 N Classen Blvd Ste 200

Oklahoma City, OK

Catholic Charities is a licensed child-placing agency serving the Archdiocese of Oklahoma City (the western 2/3 of Oklahoma). Children placed for adoption are infants who are placed in the custody of Catholic Charities by birth parents who have made an adoption plan for their baby

AIDS

R.A.I.N 405-232-2437

600 NW 23rd St. Ste 101

OKC, 73103

8:00 – 5:00 Mon. – Fri.

- Care management

- Provides HIV/AIDS education to schools, community, work places, and civic organizations.
- HIV/AIDS testing and case management

Red Rock North Behavior Center 405-425-0490

4400 N. Lincoln Blvd.
OKC, 73105
10:00 – 6:00 Mon. – Fri.

- Free confidential HIV testing/ 20 minute results
- Syphilis testing
- Support services for persons with AIDS and their families
- HIV/AIDS prevention programs

Oklahoma State Health Department 405-271-4636

1000 N.E. 10th
OKC, 73117

Protects and promotes the public's health by intervening in the transmission of the Human Immunodeficiency Virus and sexually transmitted diseases. The HIV/STD Service is comprised of two divisions and over forty dedicated staff who provide HIV/STD services throughout the state of Oklahoma.

CarePoint Inc. of Oklahoma City 232-2437

1200 N. Walker, Suite 500
Oklahoma City, OK 73103

Case management, housing and utility assistance, nutritionist, mental health services, dental and eye care services, HIV employment program.

Associated Catholic Charities AIDS Ministry Office 523-3000

1501 Classen Blvd., Suite 200
Oklahoma City, OK 73106
M-F 8:00-4:30

Pastoral counseling and referral services, Eligibility: HIV/AIDS diagnosis.

Circle of Hope (405) 943-4465

3034 Northwest 17th Street
Oklahoma City, OK 73107

Support group for HIV/AIDS affected persons, their families and friends.

OKDHS AIDS Coordination & Information Serv. 271-5816

940 N. E. 13th, Room 2848
Oklahoma City, OK 73152
9:00 a.m.-4:00 p.m. M-F

HIV Care Coordination. Assist with access to HIV services, Dept. of Human Services programs, and social security benefits.

The Winds 405-525-6277

1707 N.W. 17th (Contact: Connie Beaver)
OKC, 73106

- Provides private living facility for persons with AIDS.
- Provides meals, transportation to appointments, and other care giving assistance as needed.

Action Eye Wear 405-236-3838

1010 N. Penn
OKC, 73107

9:00 – 5:00 Mon. – Fri., 9:00 – 12:00 Sat.

Will provide glasses with lenses up to \$90 for persons with HIV/AIDS who qualify.

Elizabeth House 405-523-3000

1501 N. Classen
OKC, 73106

8:00 – 4:30 Mon. – Fri.

Contact person: Sister Gail Addis

Residential living for women with AIDS. Providing meals on wheels for person with HIV/AIDS. Provide delivery. One meal on Tues. lunch 10:30-12:30 and Thurs. evening meal 3:30-5:30.

OUHSC OB/GYN – High Risk Pre-Natal Clinic 405-271-8711

825 NE 10th
OKC, 73109

8:00 – 5:00 Mon. – Fri.

- Provides prenatal care to women who are HIV positive.

University of Oklahoma Health Sciences Center 405-271-1292 (Children's Hospital)

940 N.E. 13th St.
OKC, 73109

To help families with infants or young children who were prenatally exposed to drugs or alcohol, or who are HIV positive.

- Substance abuse treatment
- Developmental evaluations
- Parenting classes
- In-home services
- Domestic violence counseling
- Family planning
- Medical evaluations of the infant
- Psychiatric evaluations
- Case management
- Services to biological parents, foster/adoptive parents, relative caregivers

BABY ITEMS

Infant Crisis Center 405-528-3663

4224 N. Lincoln Blvd.
OKC, 73105

Mon. – Fri 9:00 – 3:30

A referral is necessary for first visit or if it has been 6 months or more since the last visit. Child must be present unless letter from physician explaining absence

Birth – 48 months

- Formula, food, diapers – services provided 4 times until child turns 4 years, with minimum waiting period of 7 days between visits
- Clothing provided 6 times until child turns 4 years, with minimum of 30 days between visits. Sizes newborn to size 6 available
- Car seats (free and new) available only by referral
- Strollers (free and new) available only to homeless moms or to those who have no other means of transportation except bus

- Cribs (free and new) available only for medically fragile babies

Birth Choice of Okla., Inc. (405) 631-4477

OKC
4701 S. Western Ave.
Oklahoma City, OK 73109

Bethany
5106 N. Rockwell
Bethany, OK 73008
(405) 495-6919
Edmond

11 A. Burton Place
Edmond, OK 73013
(405) 330-2111

Call for appointment. Provides maternity clothing, baby clothing, sizes newborn – 24 months, diapers, formula. Serving mainly those who received their pregnancy test from them.

Baby Bargains.

405-722-9209

9113 N. Council
OKC, 73132
10:00 -6:00 Mon.-Sat.
Buys and Sells quality used and new infant's and children's clothing (O to 10 years) toys, furniture, baby gear, linens and maternity wear.



Christian Service Center

405-236-5956

115 S.W. 24th St.
OKC, OK 73109
9:00 – 3:00 Mon. – Fri.. 9:00 – 12:00 p Sat.
Bring picture U.S. ID. Like a thrift store. Clothes for anyone Misc. household items. Few baby items; Car seats, swings (if not available may be put on waiting list). Newborn gift pack/layettes. Food service for zips 73139, 73149, 73159, 73169, 73170, 73179

CHILD CAR SEATS

Safe Kids 405-271-5695

Help your child stay safe while driving. Safe Kids Coalition Safe Kids Worldwide is the first and only national non-profit organization dedicated solely to the prevention of unintentional childhood injury — the number one killer of children ages 14 and under. This organization provides car seats only to families on State assistance. To find out about the program call; or visit: <http://www.oksafekids.org>
By appt. only

- Offers special safety care seats for children with special needs (premature infants, no head or neck control, hip or body casts, etc.).
- Short term rental:

- \$25.00 and \$20.00 rental fee which will be returned upon return of car seat. May also take Credit Card # will not process unless seat is not returned.
- Car seats are available for purchase at half price. Must have a referral.
- Call for current prices.

EMSA 405-297-7018

NW 10th Between and Dewey and Walker
Distributes Free Car Seats the first Thursday of every month.
Call for specific details

**American Red Cross – Oklahoma County Chapter
405-228-9500**

601 N.E. 6th
OKC, 73104
8:00 – 4:30 Mon. – Fri.
\$10 car seat rental for 6 months

Parent's Assistance Programs 405-232-8226

415 N.W. 5th
OKC, 73102
8:30 – 5:00 Mon. – Fri.
Free only with DHS referral
\$10 car seat rental for six months

Infant Crisis Services 528-3663
4224 N. Lincoln Blvd.
OKC, OK
10:30 a.m. to 2:30 p.m.
Car seats are provided but a referral is needed.

CHILD ABUSE/NEGLECT

Child Abuse Reporting Hotline 1-800-522-3511

Sunbeam Family Services 405-528-7721

616 NW 21st
OKC, 73103-1899
8:30 – 8:00p.m. Mon. and Thurs., 8:30 – 5:00 Fri.

- Emergency and Therapeutic foster care for abused/neglected, emotionally disturbed children.
- Individual, marital, family counseling
- Specialized, center-based day care for young children with developmental needs
- Senior Services
- Early Head Start

PAC – Parents Assistance Program 405-232-8226

415 NW 5th St.
OKC, 73102
8:30 – 5:00 Mon. – Fri.

- Evening classes available
- Prevention programs for children and families at high risk for physical abuse.
- Education/support groups
- •Compassion workshop/dealing with emotions--mainly a parenting class.
- Must be referred by DHS. Fee for service May close at noon on Fri. during summer months

Exchange Club Parent/Child Center for the Prevention of Child Abuse 405-232-2500, 405-232-8226

437 NW 12th
OKC, 73103

8:30 – 5:00 Mon. – Fri.

In-home services to parents at “high risk” of abusing their children

- Parent-aide program
- Crisis intervention

Latino Community Development Agency 405-236-0701

420 SW 10th St.
OKC, 73109

8:30 – 12:30, 1:30 – 5:00 Mon. – Fri.

- Individual counseling
- Parenting groups
- Home visits for Spanish speaking clients
- Home based parenting skills training
- Services targeted at Latino population

Bethesda Alternative 405-364-0333

1181 E. Main St
Norman, 73071

8:30 – 5:00 Mon. – Fri. with some evening sessions

Comprehensive sexual abuse outpatient treatment for victims, including pre-school, child victims ages 6-18, mothers/parents. Juvenile and adult sex offender’s treatment

Oklahoma Department of Human Services (OKDHS)

1-800-522-3511

Child Protective Services
5905 N. Classen Blvd.
OKC, 73118

24 hours 7 days/week

Child Abuse Hotline to report suspected cases of abuse/neglect

Lend-A-Hand Parent Child Center for the Prevention of Child Abuse, Inc 405-235-9812

.614 N.E. 4th St., Suite 211
OKC, 73101-1723

- Home visitation program for new moms.
- Individual, family marital, and group therapy; mentoring; parent education.
- Provides services to help enhance and strengthen parent and child relationship and teach alternatives to corporal punishment.



Mother to Mother 405-272-9343

525 N.W. 13th
OKC, 73103

12:00 – 6:00 Mon., 10:00 – 4:00 Thurs.

- Services to low income, socially isolated, single mothers.
- Parenting, nutritional, budgeting socialization, friendship, transportation, information and assistance locating schools or housing

CHILD CARE FINDING SERVICES

Rainbow Fleet(referral line) 405-525-3111 or 1-800-438-0008

Parents receive free help locating licensed child care by calling the telephone referral line, faxing us a referral request, submitting a referral using an on-line form or by using Child Care Connector: an On-line Child Care Search.



Hispanic Speaking Line 405-525-8783

Fax Line 405-525-0752

On the Web at www.RainbowFleet.org *Live Phone Hours:*

Monday – Thursday: 8:00a.m. – 6:00p.m. Friday: 8:00AM – 5:00PM 1st and 3rd Saturday: 9a.m. – noon

OKDHS Child Care Finder.

405-767-2650

The Oklahoma Department of Human Services provides an excellent on-line search for child care.

On the web at: www.okdhs.org



Oklahoma Childcare Resource and Referral

1-888-962-2772

Spanish Line, (405) 492-4197

Search by calling your local experts-your child care resource and referral (R&R) agency. The referral service is free. Get facts about child care and a list of options to meet your needs.

CHILDREN/COUNSELING

City/County Health Dept. Child Guidance Centers

405-425-4412

Main Location

921 N.E. 23rd

OKC, 73105

7:00 a.m. – 5:30 p.m. Mon. – Fri.

- Individual, family, group counseling
- Consultations and workshops for parents and school staff
- Speech/language, hearing services and screenings
- Child development services
- Developmental screenings
- Parent-child enrichment programs
- Parent education and training
- Psychological screenings, evaluations, and services
- Experiential interventions (rope courses)
- Referrals and follow-up

Youth Services for Oklahoma County. 405-235-7537

201 NW 50th

OKC, 73105

8:00 – 9:00 p.m. Mon. – Thurs., 8:00 – 5:00 Fri.

- Telephone answered 24 hours, 7 days a week
- Counseling services

- Crisis intervention
- Emergency shelter for youth, ages 12-17
- First offenders, skills program – an alternative to court intervention
- Parenting skills education
- Family planning
- Medical evaluations of the infant
- Psychiatric evaluations
- Case management
- Services to biological parents, foster/adoptive parents, relative caregivers.

Child Study Center 405-271-5700

1100 N.E. 13th
OKC, 73117

- Behavior Management Training for Parents
- Early Intervention for Infants at Risk
- Diagnosis, Evaluation and treatment in many specialty areas
- Physical, occupation, Speech Therapy
- Psychological Evaluation and Treatment

Sooner Start 405-271-9477

4545 N. Lincoln Blvd.
OKC, 73105
8:00 – 5:00 Mon. – Fri.

Children birth – 36 months of age with developmental delays or who have a physical or mental condition which will most likely cause a delay.

- Diagnostic and evaluation services
- Case management
- Family training, counseling and home visits
- Nursing services
- Nutrition services
- Occupational, physical and speech – language therapy
- Special instruction

APS Health Care 1-800-762-1560

6803 S. Western, Suite 401
OKC, OK 73139

Information and referral to inpatient mental health services for children

CHILD SUPPORT

OKDHS Child Support Enforcement Division 405-522-CARE(2273)

The Oklahoma Department of Human Services (OKDHS) Child Support Enforcement Division (CSED) helps children get the support they need. CSED understands the financial burden on a parent when child support is not provided.

P.O. Box 53552

Oklahoma City, OK 73152

- Services
- When a child does not receive financial support from one or both parents, CSED:
- Locates the parents' addresses and employers.
- Establishes legal paternity.
- Establishes child support and medical support orders.

- Enforces support for married, separated or divorced parents.
- Modifies child support orders.
- CSED works with:
- Other states to obtain child support
- Other countries to obtain child support
- CSED can collect and distribute child support payments:
- Direct Deposit
- Oklahoma MasterCard debit card program

CHILD SPECIAL NEEDS SERVICES. ETC.

Oklahoma Family Network. 405-401-7612

800 NE 15th St
OKC 73104

“Putting the Pieces Together for Oklahoma Families”, the Oklahoma Family Network (OFN) is Oklahoma’s parent to parent resource for those who are raising children with special health or disability needs. The OFN offers a mentoring program to aid such parents through parent-to-parent mentorship. Learn about resources and share experiences with other parents of children with these special needs.

Family Voices 405-245-7246

Family Voices is a national grassroots clearing house for information and education about ways to assure and improve health care for children with disabilities and chronic conditions. Our vast network includes more than 40,000 families and friends, a volunteer Coordinator in each state, ten Regional Coordinators, and staff located in New Mexico, Iowa, Illinois, and Massachusetts. This network enables Family Voices to share the expertise and experiences of families with other families and with our professional partners across the country. Our families, Coordinators and staff serve as members of local, state, and national boards and task forces; as staff for state health agencies or parent organizations; as advisors to private and public health systems and research projects... always bringing the family perspective to policy discussions and decisions. As families and friends, we speak with love and knowledge on behalf of our children with special health care needs.

PO Box 32255

Oklahoma City, OK 73123

SoonerStart. 405-271-9477

4545 N. Lincoln Blvd
OKC, 73105

Provides developmental help for children ages 0 to 3. SoonerStart is Oklahoma’s early intervention program designed to meet the needs of infants and toddlers with disabilities and developmental delays. The program is a joint effort of the Oklahoma departments of Education, Human Services, Health, Mental Health Services, the Commission on Children and Youth and the Oklahoma Health Care Authority. The Oklahoma State Department of Education is the lead agency. For children over age three or older, please contact the “child find” designee for your school district.

Down Syndrome Association of Central Oklahoma 405-330-5025

P.O. Box 892592

Oklahoma City, Oklahoma 73189-2592



Provides education, resources and support for families of children with Down syndrome.

Systems of Care. 405-522-4142

In a system of care, mental health, education, child welfare, juvenile justice, and other agencies work together to ensure that children with mental, emotional, and behavioral problems and their families have access to the services and supports they need to succeed. These services and supports may include diagnostic and evaluation services, outpatient treatment, emergency services (24 hours a day, 7 days a week), case management, intensive home-based services, day treatment, respite care, therapeutic foster care, and services that will help young people make the transition to adult systems of care. Systems of care are developed on the premise that the mental health needs of children, adolescents, and their families can be met within their home, school, and community environments. These systems are also developed around the principles of being child-centered, family-driven, strength-based, and culturally competent and involving interagency collaboration. The Child, Adolescent, and Family Branch embrace and promote these core principles of systems of care. The goal of systems of care programs is to build innovative community treatment programs for children with serious emotional disturbances and their families.

Oklahoma Kids Carenet – Systems of Care. 858-2700

4336 N.W. 50th ST
OKC, OK 73112

Mon. – Fri. 8:00 a.m. to 5:00 p.m.

Oklahoma Kids' CareNet is a network of caring, committed partners working hand-in-hand with families to provide the best quality services to children and adolescents with severe emotional disturbance and their families. At the community level, the project is committed to creating a full continuum of care for children in Oklahoma County organized into a continued network to meet the multiple and changing needs of children, adolescents and their families. At the service level, wrap-around services are provided with the belief that children and adolescents are best served in their own communities, living within their families.

Child Study Center

1100 NE 13th St.
OKC, OK 73117

Mon. – Fri. 8:00 a.m. to 5:00 p.m.

The Child Study Center (CSC) provides multidisciplinary assessment and treatment of children with behavior problems, sensory impairments, motor handicaps and psycho/emotional disorders. In addition, staff provide services in the neonate, developmental delay, and meningomyelocele clinics at Children's Hospital of Oklahoma and are available for consultation for inpatients

CLOTHING

Good Shepherd Ministries 405-232-8631

222 NW 12th St.
OKC, 73103

9:00 – 11:30 Mon. – Thurs. 1:00 – 3:00 Tues. & Thurs.

- Provides clothing, food, medical, dental and referral services.
- Bring ID, Social Security Card, proof of address.

- Minimum of 7 days between visits

Presbyterian Urban Missions. 405-946-1556

3737 N. Portland

OKC

Tues. & Thurs 9:00 -11:00a.m.

- Provides clothing, household items, and emergency groceries for up to 4 days.
- Emergency assistance with utility bills, transportation, prescription expenses, gas (one time only)
- Tutoring program: kindergarten – 5th grade

Infant Crisis Center 405-528-3663

4224 N. Lincoln Blvd

OKC, OK 73105

10:30 – 2:30 Mon. – Fri., by appointment.

Will accept walk-ins if time allows. A referral is necessary for first visit or if it has been 6 months or more since the last visit. Child must be present unless letter from physician explaining absence.

- Birth – 48 months
- Diapers – services provided 4 times until child turns 4 years, with minimum waiting period of 7 days between visits.
- Clothing provided 6 times until child turns 4 years, with minimum of 30 days between visits. Sizes newborn to size 6 available

Birth Choice of Okla., Inc.

4701 S. Western 11 Burton Pl. 5106 N. Rockwell
OKC, 73119 Edmond, 73034 Bethany, 73008

405-631-4477 405-330-2111 405-495-6919

Mon. 10:00-4:00, Wed. 10:00-4:00, 6:00-8:00p.m.

Tues. 10:00-8:00 Thurs. & Fri. 10:00-2:00 call for appointment

Provides maternity clothing, baby clothing, sizes newborn – 24 months, diapers, formula. Mainly serving those who have received their pregnancy test from them.

Skyline Urban Ministries/McKee Center (Food and eye clinic assist.) 405-236-5212/405-632-2644

500 SE 15th
OKC, 73129

Mon.-Fri. 9:00 -3:00 Clothing Mon, Wed, Fri. 9:30-2:00p.m.

Offer no financial assistance of any kind.

Guild of St. George 405-232-9014

117 NW 7th
OKC, 73102

Mon, Wed, Fri. 9:00 -12:00 noon only

Baptist Mission 405-235-6162

2125 Exchange Ave.
OKC

Mon. – Thurs. 9:30-11:30

Grace Rescue Mission Thrift Shop 405-232-5756

2205 Exchange Avenue
OKC, 73108

Salvation Army Adult Rehabilitation Center 405-236-3677

501 S. Harvey
OKC, 73109
Clothing room, Emergency food pantry, Back to school program

Downtown Baptist Church 405-232-6977
629 W. Main Street
OKC, 73102
Mon.-Fri. 10:00 - 2:00
Meal ministry *Mon.-Fri. 8:00 -2:00p.m.*

Christian Service Center 405-236-5956
115 S.W. 24th Street
OKC, 73109
9:00 – 2:00 Mon. – Fri.

- Provides clothing for families in need
- Household items and furniture on a limited basis
- Food referrals, and food baskets every 90 days if in need

City Rescue Mission Free Store 405-232-2709
800 W. California
OKC 73106
9:00 – 4:30 Mon. – Fri.
Free Clothes

Goodwill Industries 405-236-4451
410 S.W. 3rd
OKC
8:00 – 4:30 Mon. – Fri

Suited for Success 405-521-1089, FAX 405-521-1271
1501 N. Classen Blvd Ste 8
OKC OK 73106

CULTURAL SERVICES

Vietnamese American Association and Community Center
524-3088
912 NW 23rd St
OKC, OK 73106
Mon. – Fri. 8:00 to 5:00
Refugee services, translation, help for Special Immigrant Visa holders. Health care and employment skills. Services not limited to Vietnamese population.

Latino Community Development Agency 272-0701
420 SW 10th St.
OKC, OK 73116
Mon. – Fri. 8:30 a.m. to 5:00 p.m.
Spanish speaking counseling services, immunizations, car seats, HIV testing. Multiple services for the Hispanic community

Hispanic American Association 272-0890
1836 NW 3rd St.
OKC, OK 73106
Mon. - Fri.

St. Monica's Catholic Church. 405-359-2700
2001 N. Western Ave.
Edmond

Oklahoma State University – OKC 405-945-3378,
(Student Activities) 405-947-4421
900 N. Portland
OKC, 73107
8:00 – 6:00 Mon. – Thur. 8:00 -5:00 Friday
Offers different cultural groups through the student union

DENTAL CLINICS

FREE & OR LOW-COST DENTAL CARE

Baptist Community Clinic (Olivet Baptist Church) 405-951-2645

1201 NW 10th St., OKC 73106

Call for Dental Dates - Sept. thru May only

- Free Community Health Clinic; OKC residents only; proof required
- FREE EXTRACTIONS ONLY - FC/FS

Baptist Mission Center 405-235-6162

2125 Exchange Ave, OKC 73108

- Christian Family Health Care Center; call for Dental Dates
- OKC residents only – bring proof of residence; ID required
- FREE EXTRACTIONS ONLY

City Rescue Mission 405-232-2709

800 W California,
OKC 73102

Client must “enroll” in program, be screened & interviewed, & take classes to better situation in order to receive access to free dental treatment.

Cross & Crown Mission 405-232-7696

1539 NW 9th St, OKC 73106

Serves certain zip codes in NE OKC only; call for Dental Care availability

Crossings Community Center 405-302-1246

14600 N. Portland, OKC, OK

Offers health and dental care in a Christian environment

Dentures & Dental Services 405-688-2500

2209 SW 74th #315, OKC 73159 (Walnut Sq, next to Hallmark)

- Full service dental clinic w/in-house laboratory; Insurance accepted
- Lower fees than standard dentist office; Financing available
- Low cost dentures and partials; Medicaid in process

Dentures 911 405-246-6040

1965 N Moore Ave 73160 (W. Frontage Rd @ I-35 & Shields)

Tues. mornings only

- Dentures starting from \$275; free consultation; NO Emg extractions

- Will extract for partials/dentures; will estimate fee at consultation
- Operates during school year—off for summer
- May call in August to make appt for Fall.
- Serves those with no insurance/low income

Good Shepherd Clinic (First Baptist Church) 405-232-8631

222 NW 12th, OKC 73103

Open most Mondays, Sept. thru May for Adults; call for appt 1st

Open certain Tuesdays, Sept. thru June for Children w/school referral

FREE EXTRACTIONS – FC/FS

Indian Health Services, Area Director (OK, KS, TX)

405-951-3768

4913 W Reno, OKC 73127. 405-948-4900

1631-A E Hwy 66, El Reno, OK 73036 405-262-7631

- Certified Native American CDIB cardholders only
- Cleanings, fillings, extractions, anterior root canals only
- Dentures only for Diabetics

Mary Mahoney Health Center 405-769-3301

12716 NE 36th, OKC 73140 (PO Box 30589), past Spencer, close to Jones, OK Low-cost EMG dental services only; NO surgical extractions/dentures/crowns Must register at Clinic Center; based on sliding scale; need income proof *Clinic: M W Th 8:00 to 6:00, Friday 10:00 to 5:00*

Pharmacy: M, W, Th, 9:00 to 5:30, Friday 10:00 to 5:00

Mary Mahoney Health Center at Langston 405-466-2535

300 Martin Luther King, Langston, OK 73050 (Logan County)

Dental screenings only, every other Wednesday, 1:00-2:30 pm

NSO - Neighborhood Services Organization Clinic 405-236-0413, x111

431 SW 11th, OKC 73104

Low-Cost Clinic, open Mon, Tues, Wed, 8:30-4:00 & Sat. 9:30-5:00

- Basic general dentistry, plus dentures & partials (Lab In-house)
- Payment required at time of service; call for fees
- Services for those 8yrs. And older
- •*CASH ONLY
- • Exams; \$25
- • Cleaning, Fillings, Partial
- • Complete dentures; \$460
- • Anyone over age 8 years - Fees - \$20 - \$400

Health for Friends 405-329-4161

317 E. Hines, Norman 73070

Sliding scale fee on general dentistry; Norman-area residents only

Hours: 8:30 to 12:00 and 1:00 to 5:00 M-F

J.D. McCarty Center 405-321-4830

2002 E. Robinson, Norman OK, 73117

- General Dentistry, twice a month
- Developmentally-disabled persons under 21 yrs only

OU College of Dentistry 405-271-6326

1201 N. Stonewall Ave, OKC, OK 73117

Student Clinic, open Sept–June; below standard fees. 405-271-6056

M-F 8-4:30

Faculty Practice, open all year (same price as private) 405-271-2209

Oral Surgery Dept., open all year 405-271-4079

Urgent Care appointments, add'l Emg. Fee required. 405-271-1444

M-T-W, a.m. only

Pediatric Dentistry (11 yrs of age) 405-271-2360

- Min. 9 mo-1 yr WAIT for Student Clinic
- Screening fee for Initial Exam
- Insurance accepted; Medicaid only for < 21 yrs ages
- Payment required at time of service

Oklahoma Community Health Services 405-632-6688

1025 Straka Ter., OKC 73139 (Off I-240 and Western)

8:30a.m.-5:30p.m. Mon, Tues, Thurs, Fri; Wed. 8:30-11:00 a.m.

- Sliding scale (need income proof)
- Full service dentistry + Dentures/Partials; Medicaid & Ins. accepted

Rose State College - Dental Hygiene Program. 405-733-7336

I-40 at Hudiburg Road/ 6420 SE 15, Room 220, MWC 73110

Services available Aug. thru May

TEETH CLEANING - \$5; X-rays \$2-\$15 (\$10 mailing fee)

- Sealant placement, fluoride treatment, nutritional advice
- Pts. must be screened before receiving an appointment for teeth cleaning
- Free screening

OU Physician's Children's Dental Office 405-271-4750

940 NE 13th, OKC 73104

- Pediatric dental care plus adults also; Insurance & Medicaid accepted
- Oral prophylaxis
- Topical fluoride application at same appointment time as teeth cleaning
- Full mouth x-rays. X-rays will be sent to your dentist upon request
- (\$10.00 fee to send) Below standard fee for dental care (About 50% of private practice fees) Diagnosis and denture service (\$350 complete set)
- Adult and pediatric dental and dental hygiene services
- Plaque control-appointments which teach preventive oral hygiene techniques and dietary counseling to help in prevention/control of disease
- Pit and fissure sealant to prevent tooth decay. Children under 5 with dental referral. Children under 21 who are handicapped or chronically ill
- Must be referred by a dentist.

University Hospital-Oral Maxillofacial Department

405-271-4441

800 N.E. 13th

OKC, 73125

8:00 – 4:00 Mon. – Fri.

- Adult oral surgery
- Extractions
- Facial reconstruction
- No dentures
- Emergency care depending upon availability of dentist

D-Dent.(message machine) 1-800-522-9510

6430 N. Western Ave
OKC, OK 73116

8:30 – 4:30 Mon. – Fri, .Must be DHS certified

- Preventive Dental Educ. Program
- Dentists for the disabled and elderly in need of treatment.
- Dentists for children in need of treatment.

Variety Health 405-235-6466

500 SW 44th St
OKC, 73109

Must be DHS certified

DENTISTS (PEDIATRIC) WHO ACCEPT MEDICAID

William Bozalis, DDS 405-733-3553

3613 N.W. 56th 2828 Parklawn Drive
Suite 105 Midwest City
OKC Suite 9M-W 8-5 Th 7:30-5

Mon.-Wed. 8:00 - 5:00

Thurs. 7:30 - 5:00

Chase Guthrie, DDS 405-631-4549

6800 S. Western
OKC

Mon.– Thurs. 8:00 – 5:00 no Fri.

Jerome Miller, DDS 405-495-5600

5818 N.W.50th Suite 100
OKC

Mon.-Thurs. 8:00 -5:00

Dean Robertson, DDS 405-947-1525

5222 N. Portland
OKC

Mon.-Thurs. 8:00 - 4:30, Fri. 8:00 -12:00

Donald Haskins, DDS 405-733-2525

2828 Parklawn Drive
Suite 10
Midwest City

DEPARTMENT OF HUMAN SERVICES (DHS)

Southwest Oklahoma County (405)644-5700 Fax: (405) 644-5772

401 W. Commerce, Oklahoma City, 73109
Serves these zip codes: 73108, 73109, 73119, 73128, 73139, 73159, 73169, 73179

Offices: Monday – Friday 8:00am-5:00pm

Midwest City (405) 739-8010, Fax: (405) 739-8132

9901 S.E. 29th St., Midwest City, 73130
Serves these zip codes:73007,73020,73045, 73049, 73054, 73066, 73084, 73110, 73130, 73141,73150,73151,74857

Kelley (405) 522-5818 Fax:(405) 522-2586

2409 N. Kelley Ave., Oklahoma City, 73111
Serves these zip codes: 73003, 73013, 73034, 73102, 73103, 73104, 73105, 73111, 73114, 73116, 73117, 73120, 73121, 73131, 73134

Oklahoma County - Juvenile Justice (405)767-2600

5905 N. Classen Court, Oklahoma City, 73118
1-800-884-1581

Child Welfare Only

Fax: (405) 767-2640

Children’s Hospital (405)271-3325

940 N.E. 13th St., Oklahoma City, 73104
1-800-884-1572

Medical Only - all zip codes

Fax: (405) 271-3338

Juvenile Justice (405)522-5818

2409 N. Kelley Ave., Oklahoma City, 73111
1-800-884-1534

Child Welfare Only

Fax: (405) 522-4835

Mayfair (405)602-5700

2821 N.W. 50th St., Oklahoma City, 73112
1-866-289-8008 Fax: (405) 602-5798

Serves these zip codes: 73106, 73107, 73112, 73118

Rockwell (405)470-6200

7201 N.W. 10th St., Oklahoma City, 73127
1-800-884-1534

Fax: (405) 470-6363

Serves these zip codes:

73008, 73122, 73127, 73132, 73142, 73162

Oklahoma County – Crossroads (405)604-8800

1115 S.E. 66th St., Oklahoma City, 73149
1-866-231-8394

Fax: (405) 604-8945

Serves these zip codes: 73115, 73129, 73135, 73145, 73149

DOMESTIC VIOLENCE

Passageways Shelter for Battered Women and Children (shelter) 405-949-0907

Appointments for counseling and support groups 405-947-4506

- Confidential residential facility providing a safe environment
- Support groups
- Counseling
- Advocacy services

YWCA Rape Crisis Center 943-RAPE (7273), 405-943-4727,

2460 W. I-44 Service Rd
OKC

The Rape Crisis Center offers a full battery of services to help the primary and secondary survivors of sexual assault regain control over their lives. From responding to calls on our 24-hour Rape

Crisis Hotline, to hospital advocacy and follow-up counseling, the YWCA Rape Crisis Center is meeting the needs of hundreds of sexual assault survivors each year. The Rape Crisis Center also serves as a resource center to the community by offering information, speakers, and referrals. .

- Assists sexual assault survivors in hospital ER
- Counseling
- Support groups

Women's Resource Center, Inc 405-364-9424

501 Alameda
Norman, 73069
8:30 – 5:00

- Shelter 24 hours, 7 days a week
- Shelter services for women in domestic violence situations
- Education/prevention programs
- Counseling and crisis intervention for domestic violence and sexual assault

District Attorney's Victim/Witness Center 405-713-1125

320 Robert S. Kerr Ave., Room 505
OKC, 73102

8:00 – 12:00, 1:00 – 5:00 Mon. – Fri.

- Compensation and assistance for persons who suffer bodily injury as a result of criminal acts
- Assistance for victims of domestic violence in preparing petition for
- Victim Protective Order (VPO)
- Assistance and support for persons (adults or children) who are victims of sexual abuse
- www.womenslaw.org may download some VPO forms/documents and other court forms at this website.

TLC Foundation 405-840-7040

3000 United founders Blvd. Suite 239
OKC, 73112

Mon., Thurs. 8:00a.m. - 8p.m., Tues, Wed, Fri. 8:00a.m.-5:00p.m., After hours and weekend by appointment

- Counseling service for victims of sexual assault or domestic violence; anger management issues and substance abuse.
- \$20 intake fee and then \$20 for each session
- Does not accept Medicaid

DRUG/ALCOHOL TREATMENT PROGRAMS

A Better Chance Child Study Center 405-271-6824

1100 N.E. 13th
OKC

8:00 – 5:00 Mon. – Fri.

- Drug treatment program for mothers of newborns (call HMO to determine if mom is covered).
- Evaluation and early intervention for infants and toddlers with fetal drug exposure.
- Program for infants and children from birth to five years of age who were exposed to drugs and or alcohol before birth

- Infants and children receive developmental assessment on a regular basis – at 3 and 6 months for the entire time that the family is enrolled in the program
- Parenting education, anticipatory guidance, developmental education behavior management
- Referrals to related services

Catalyst + Behavioral Services 405-232-9804

3033 N. Walnut W. Bldg

OKC, 73105

www.catalysthelp.org

9:00 – 5:00 Mon. – Thur. 9:00 – 4:00 Friday Evenings by appointment

Community House 405-424-4347, Transitional Services 405 282-7215, WHIP 405-232-9709, Counseling Services 405-235-9700 Behavioral Services Admin. 405-232-9804 STAT Court Services 405-232-2882

- Outpatient
- Residential, Halfway House, Sober Living Apartments
- Educational programs
- Court intervention programs
- Crisis intervention
- Day care home services
- Intensive outpatient
- Alcohol assessments
- Alcohol and drug addiction treatment
- Works in conjunction with Community Counseling Center

Ivanhoe Halfway House. 405-232-7215, In-patient 405-424-4347

415 N.W. 8th St. OKC

30 days – 12 months

Out-patient Community House 405-235-9709

Community House 405-230-1138

NAIC – Center for Oklahoma Alcohol and Drug Services, Inc. 405-321-0022

215 W. Linn.

Norman, 73069

8:00 – 5:00 M-F.

Alcoholics Anonymous (AA) 405-949-0910

2701 N. Portland, Suite E

OKC

Hotline: 24 hours, 7 days a week 405-524-1100

Coordinates support group meetings

Al-Anon Information Services. 405-767-9071

3801 N.W. 63rd

Edgewater Bldg. 3, St. 129 (across from hometown buffet)

OKC, 73116-1930

Mon, Wed, Fri. 10:00a.m.-5:00p.m.

Telephone line 7 days a week

Provides meeting information for OKC and the surrounding area in a monthly schedule

Firststep Men's Recovery. 405-799-7540

211 N. Walnut

OKC, 73104

8:00 – 5:00 Mon. – Fri open 24 hours, 7 days per week

Firststep Women's Recovery.405-794-2834

12511 S. Sooner Road
OKC, 73165

Mon.– Sat. 8:00a.m.– 7:00p.m., Sun. 1:00-5:00. Business Office
Hours 8:00 – 5:00 M-F, Sunday visitors from 1:00 to 5:00p.m.

- Long-term work recovery program; 9-12 months or longer if needed.
- No charges or fees.
- Clients work 6 days a week while at the facility either on the grounds or at outside jobs set up by FIRSTSTEP. ALL money from outside jobs comes directly to FIRSTSTEP for its support.
- AA oriented; Meetings 6 nights a week in-house or outside.
- GED classes 2 nights per week for those who need it.
- Individualized treatment planning.
- Medical necessities supplied.
- Postage furnished.
- Personal hygiene articles supplied. One pack of cigarettes furnished daily.
- Discharge planning done after 8 months to aid the person in their return to society.
- Employment assistance after 8 month.
- The client may work at their own job after 8 1/2 months, stay at FIRSTSTEP and pay room & board.

Eagle Ridge Institute 405-840-1359

601 N.E. 63rd
OKC, 73105

8:00 – 5:00 Mon. – Fri.

Administrators programs which work with inner city at risk children and youth, substance abuse and addition issues, in-patient treatment facilities for drug and alcohol dependence for women and children

- New Destiny 405-947-6060
Long Term residential substance abuse treatment for women and their children
- Family Treatment Center 405-282-8232
Short term residential substance abuse treatment for women and their children Adolescent Support Center - intensive outpatient program providing education and skills to adolescents to help them lead drug free lives.
- Sober Living Community. 405-427-5657
Therapeutic Community of individuals dedicated to living a drug free lifestyle

NACDTC 405-573-6624

(Norman Alcohol and Chemical Dependency Treatment Center
900 E. Main Bldg. 54W
Norman, 73071

8:00 – 5:00 Mon. – Fri.

- 30 day in patient

Community House 405-232-7215, 405-424-4347

1501 N.E. 11th
OKC, 73102

Treatment Center. 580-824-0674

Cope, In 405-528-8686

A Behavioral Health and Substance Abuse Outpatient Clinic

3033 N. Walnut

Suite 200 W

OKC, 73105

8:30 – 9:00 p.m. Mon. – Fri. weekend by appointment

- Counseling for individual, group, family and home based
- Substance Abuse
- Domestic Violence
- Behavioral
- Impulse Control
- Sexual Abuse
- Employment Assistance Program (EAP)
- Multi-cultural Counseling center
- Case management
- Psychological testing/evaluations
- DUI School & assessment
- Moral Recognition Therapy
- Rehabilitation Services
- Mentoring
- Education/Tutoring/GED
- Fatherhood Program
- Assessment/Employment Program
- Alcohol and drug abuse day treatment
- Outpatient Services

Services include life skills, social skills, counseling, screening referral aftercare, employment training and mentoring.

Eagle Ridge Family Treatment Center of Guthrie 405-282-8232

8:00 – 5:00 Mon. – Fri

1916 E. Perkins St.

Guthrie, OK 73044

Turning Point Treatment Center 405-634-0508

1607 S.W. 15th Street

OKC, 73108

- Outpatient alcohol and drug abuse counseling
- Evaluation
- Referral
- Community Education
- DUI Assessment
- Prevention Programs for schools, families and other community groups
- Substance abuse aftercare
- Community Adolescent Rehabilitation Effort

(Care) For Change Inc 405-524-5528

3621 N. Kelly Ave Suite 100

OKC 73111

8:00 – 8:30 p.m. Mon. – Fri.

24 hour crisis services

EDUCATION – CHILDREN/ADULTS - GED

Latino Community Development Agency 405-236-3343

420 SW 10th St.

OKC, 73109

8:30 – 12:30, 1:30 – 5:00 Mon. – Fri.

ESL classes – Spanish, Vietnamese

\$25/mo. – offer scholarships if can't afford (must be a citizen)

Community Action Agency 405-232-0199

Head Start
319 SW 25
OKC, 73109

8:00 – 5:00 Mon. – Fri

Need to call for referral for specific area.

- • Serves disadvantaged kids ages 3-5 years
- • Parental involvement
- • GED classes

Metro Tech.(ESL) 405-605-4678

1900 Springlake Dr.
OKC, 73116

7:30 – 4:30 Mon. – Fri.

- Vocational education
- Career counseling
- Financial assistance with cost of tuition, textbooks, and transportation
- GED classes
- Job Search assistance

Emerson Alternative Education Center. 405-232-5273

715 N. Walker
OKC, 73102

7:00 – 4:00 Mon. – Fri.

GED classes

Educational programs for pregnant and female parenting students, suspended students, students with special adjustment needs, students with chronic attendance problems, students who are medically unable to attend school, students in special facilities for psychological maladjustment or chemical dependency

Oak Grove Learning Center 405-681-2381

3301 S.W. 17th St.
OKC

9:30 – 11:30, 1:30 – 3:30 Mon. – Thurs. ESL classes

Oklahoma State University at Oklahoma City Student Support Services 405-945-8627

900 N. Portland Avenue
OKC, 73107

8:00 – 5:00 Mon. – Th. 8:00-5:00 Friday

GED, 405-945-8691

For first generation college student: financially disadvantaged and/or physically challenged

- Academic advisement
- Career counseling
- Extensive tutorial assistance
- Financial aid information
- Cultural events/field trips
- Advocacy intervention
- Referrals to campus and community resources
- workshops (stress management, note-taking/study skills, career options, test anxiety, parenting skills)

Veterans Upward Bound Oklahoma Career Connection Center 405-713-1890

7401 N.E. 23rd Street.
OKC, 73141

8:00 – 5:00 Mon. – Fri.

- Free Career Guidance
- Free information on college and technical schools
- Free financial aide guidance
- Free study skills development
- Free academic counseling
- Free short-term refresher courses and tutoring
- Free college preparation instruction – basic math through algebra, English, grammar and composition reading

Ralph Emerson Library 405-424-1437

2000 NE 23rd
OKC

6:00p.m. - 8:00p.m. call for day of week

GED Classes

pre-register at Adult Learning Center 231-2053

Workforce Oklahoma Center's Youth Program 405 713-1890.

The Workforce Oklahoma Center's Youth Program is designed to help young people 16-21 years old to earn a high school diploma or equivalent and to be-come job ready and career oriented. The Youth Program provides employment and training services to economically disadvantaged youth possessing specific barriers to employment. The program focuses on comprehensive youth services consisting of 10 program elements which can be grouped around four major themes:

Improving education achievement (including such elements as tutoring, study skills training and instruction leading to secondary school completion, dropout prevention strategies and alternative secondary school offerings) Preparing for and succeeding in employment (including summer employment opportunities, paid and unpaid work experience and occupational skills training) Supporting youth (including meeting supportive services needs and providing adult mentoring, follow-up services and comprehensive guidance and counseling) Offering services intended to develop the potential youth as citizens and leaders (including leadership development opportunities)

Parents as Teachers (PAT)

Family involvement in children's learning is a critical link in the child's development of academic skills, including reading and writing. The PAT program to help parents understand their role in encouraging their child's development and to help prepare children for school and life success.

Oklahoma County PAT Offices:

Putnam City	491-7626
Bethany	499-4611
El Reno	262-3298
Canadian County	262-0155
Midwest City	739-1720
Exchange Club	232-2500
OKC	587-0360
N.E. OKC	769-3301

EMPLOYMENT SERVICES

Oklahoma Employment Security Commission

OESC offers many services to Oklahoma job-seekers and residents including referral to suitable employment opportunities, job training assistance to economically disadvantaged individuals and those dislocated due to business closings and layoffs and assessment of an individual's needs and referral to supportive

agencies and programs. Un-employment insurance benefits are also handled through these offices.

Office Locations

Rockwell Center 405-470-3200
12777 North Rockwell, FAX: 405-470-3223
Francis Tuttle Technology Center (South Entrance)
Campus Center Building
Oklahoma City, OK
Email: manager.rockwell@oesc.state.ok.us

OKC Eastside 405-713-1890
Career Connection Center FAX: 405-713-1898
7401 NE 23rd
Oklahoma City, OK 73141
Email: manager.east@oesc.state.ok.us
(Located on NE 23rd Between Air Depot and Midwest Blvd.)

OKC METRO Transit Route 19 Stops in our parking lot.
OKC Reno Center 405-639-3640
416 B Hudiburg Circle, FAX: 405-639-3682 & 639-3683
Oklahoma City, OK 73108
E-mail: manager.okc_reno@oesc.state.ok.us
Monday – Friday, 8:00a.m. – 5:00p.m.
Office is located south of Reno between Portland and Meridian on the SE end of Hudiburg Circle facing I-40

OKC Southside Center 405-670-9100
4509 S I-35 Service Rd, FAX: 405-670-9292
Oklahoma City, OK 73129
Email: manager.south@oesc.state.ok.us
Monday – Friday, 8:00a.m. – 5:00p.m.
Veteran’s Representative available on Monday & Friday (appointment recommended)

Oklahoma City Workforce Development Office 405-297-3053

1 North Walker
OKC, 73102
8:00 – 5:00, Mon. – Fri.

JTPA

- Skills and needs assessment
- Job training
- Job placement services
- GED preparation
- Pre-employment training
- Career information
- Labor market information
- Access to Internet, photocopy and fax machines
- Assisting with locating financial assistance to go back to school
- If eligible, can assist with childcare, transportation, tools, specialized work clothes, and other financial necessities

Community Action Agency 405-232-0199

319 SW 25th St.
OKC, 73109
8:00 – 5:00 Mon. – Fri.
Job training program to help people sharpen job hunting skills

REACH 405-945-9135

Oklahoma State University OKC

900 N. Portland
OKC, 73107

Provides employment skills for the TANF client (interested students should con-tact their DHS workers to obtain TW-2, TW-3 and EOC referral)

- Career training
- Career advisement
- Crisis intervention
- Tutoring
- Computer literacy
- Job placement assistance
- Basic skills classes
- GED preparation
- Need to be college ready, no remedial education
- Horticulture (greenhouse and lawn maintenance), retail florist, office tech, construction estimator, industrial draft, land survey, microcomputer electronics systems management, administration (heat and air), sign language skills, freelance writing, firefighter

Labor Ready. 405-634-3100

925 S.W. 59th
OKC, 73109
5:30 – 6:00p.m., Mon. – Fri. Apply Mon. – Fri., 8a.m. – 3p.m.

Need to forms of ID...One has to be a picture ID

- Temporary to permanent jobs
- Will hire both men and women
- Work today – paid today
- Construction
- Manufacturing
- Industrial
- Freight handling
- Warehouse
- Landscaping
- Janitorial
- Lumpers
- Family Self-Sufficiency Program

Oklahoma City Housing Authority. 405-239-7551

1700 N.E. 4th
OKC, 73117
8:00 – 5:00 Mon. – Fri.
Must be on Section 8 Program of the Oklahoma City Housing Authority

- Job development
- Resume writing
- Parenting skills
- Budgeting
- Homeownership counseling
- Health and mental health counseling
- Child Care providers
- Escrow or savings account

Goodwill Industries. 405-236-4451

S410 SW 3rd St.
OKC

EYE CLINICS

Community Charity Eye Clinic 405-236-5212

701 NW 8th
OKC

- Free eye exam MAY HAVE TO WAIT 4-6 MOS.
- \$35 single vision lenses
- \$55 bifocals

Cannot have insurance, Medicaid, or Medicare

Dean McGee Eye Institute 405-271-1510 (appt.'s) 405-271-6060

608 Stanton L. Young Blvd.
OKC, 73104

8:00 – 5:00 Mon. – Fri. *Appointment only*

- Glasses, if ordered \$25 per pair single vision
- \$35 bifocals
- Free exam

Olivet Baptist Church 405-951-2645

1201 N.W. 10th
OKC, 73106

2nd Monday of each month (Call ahead for days of operation)

No appointment needed – first come, first served. Doors open at 3:00/

Free eye exams

Community Action Agency. 05-232-0199

319 SW 25th Street
OKC 73109

8:00 – 5:00 Mon. – Fri.

- • For homeless only
- • Assistance with eye exams, eye glasses

Neighborhood Services Organization(NSO) 405-236-0413

431 S.W. 11th
OKC, 73109

By appointment only

8:30 – 5:30 M-F

Eye care exams

Skyline Urban Ministries 405-236-5212

500 SE 15th
OKC 73129

Lions Eye Bank 405-497-6540

Will refer to a Lions Club on you zip code area.

- Eye Exams
- Eye Glasses

FOOD

Associated Catholic Charities/Vincent DePaul Society.
405-523-3026

1501 Classen Blvd. OKC

8:00 – 5:00 Mon. – Fri.

Eligible if pregnant or family with children in the home

- May assist with food, or money for other needs including utilities, prescriptions or special items
- May provide needed items including space heater, car seat, baby carrier, formula, diapers etc.
- Department of Human Services

- Call DHS office/Case worker for Food Stamp application. Numbers in DHS section of this book.

Downtown Baptist Food Program 405-232-6977

629 W. Main

OKC

Food Time 8:00a.m. – 2:00p.m. – Mon. – Fri.

Emergency food for homeless

Urban League of Greater OKC 405-424-5243

3017 N. Martin Luther King Blvd.

OKC

Wildwood Christian Church 405-478-0781

- • Food baskets
- • Clothing

Salvation Army 405-270-7855

330 S.W. 4th

OKC, 73125

4:00 – 5:00 Mon. – Fri.

7:00 – 7:45a.m. and 5:15 – 5:45p.m., Sat. and Sun.

Hot meals

Jesus House. 405-232-7164

1335 W. Sheridan

OKC

5:00 – 7:00p.m. *Everyday*

Serves Meals

Skyline's Community Cupboard. 405-236-5212

701 NW 8th St.

OKC, OK 73102

OKC 73129

12:30 – 2:30 Mon. – Fri.

- • Provides groceries up to 3 times a year
- • Need Social Security number
- • single persons need a referral

Christian Service Center 405-236-5956

115 SW 24th Street

OKC, 73102

9:00 – 2:00p.m. Mon. – Fri.

- • Food referrals
- • Food baskets every 90 days for those in need

Loving Hands Food Store. 405-924-5070

8213 N. Classen #B

No Financial Guidelines

ANGEL FOOD Angel Food is a way that you can buy good food at a very low cost. Angel Food programs are operated by various churches. There are no qualifications to be met to purchase food through these programs and you don't have to be a member of the church. Most Angel Food ministries provide the opportunity to buy a \$60. box of quality food for only \$30. This box will contain a variety of meats, fresh or frozen fruits and vegetables and staple items.

Oklahoma County Angel Food Locations:

Bethany

Bethany Community Foundation 405-789-2050
6789 NW 39th Expressway, Bethany, OK

Del City

Ascension Lutheran Church, 405-677-1444
3617 SE 29th St.

Del City First Church of the Nazarene. 405-677-2330
4701 SE 26th St.

Edmond

Cathedral of the Hills. 405-341-5627
1600 SE 15th

Judah Christian Assembly. 405-715-0706
801 Centennial Blvd

Holy Trinity Lutheran Church 405-348-3292
308 NW 164th Street

Midwest City

Bridge Builders Worship Center. 405-741-0866
6900 NE 23rd

Moore

Abundant Life. 405-794-4665
777 SW 19th

Living Faith Church. 405-794-3161
825 NW 24th

Mustang

Christ Lutheran Church. 405-376-3116

501 N. Clear Springs Rd

Norman

Generations Church 405-310-6075
127 W. Main St

Goodrich Memorial United Methodist. 405-321-0975
200 W. Hayes

Heartland Harvest. 405-366-8118
3650 E. Robinson Street

Hilltop Baptist Church 405-794-0603
11710 E. Stella Road
Oklahoma City

Oklahoma City

Asbury United Methodist. 405-632-3378
1320 SW 38th Street

Bethesda Assembly of God 405-680-7727
3101 SW 89th

Central Baptist Church. 405-232-8443
829 NW 8th St.

Cherokee Hills Baptist Church. 405-721-5338
5700 NW 63rd

Eagle's Crest Fellowship 405-787-5956
5956 NW 23rd

Grace Place Baptist Church 405-793-0707
9300 S. Anderson Road

Greater Mt Olive Baptist Church.. 405-424-2186
1020 NE 42nd St

Iglesia Bautista Peniel. 405-942-5557
3032 NW 21st St.

Northeast Church of Christ 405-424-4221
4817 Martin Luther King

Our Lord's Community Church. 405-755-6522
11400 N Portland

Our Lord's Lutheran Church. 405-755-2660
2900 W. Hefner Road
(Director) 405-348-0252

Portland Avenue Baptist Church. 405-526-1380
1301 N. Portland Ave

Prospect Missionary Baptist Church. 405-424-1795
2809 N. Missouri St.

Paul's Lutheran Church 405-826-4861
10600 N. Council Rd

Trinity Lutheran Church. 405-685-3432
5701 S. May Ave.

Westminster Presbyterian Church. 405-524-2204
4400 N. Shartel

Woodson Park Church of the Nazarene 405-681-5993
2700 S. Independence

Faith Lutheran Church. 405-632-5744
2512S. Shartel

First Southern Baptist 405-378-0246
6400 S. Sooner Road

Yukon

First Assembly of God 405-354-2436
1101 S. 1st

First Baptist Church. 405-354-1911
15 S. 6th Street

Canadian Hills Church of the Nazarene. 405-324-5661
11744 W Reno

FURNITURE

Skyline Urban Ministries/McKee Center. 405-523-3026

500 SE 15th

OKC

10:00 – 3:00 Mon. – Fri.

Associated Catholic Charities. 405-523-3012

1501 N. Classen Blvd.

OKC

8:00 – 4:30 Mon. – Fri.

Christian Service Center 405-236-5956

115 S.W. 24th St.

OKC, 73109

OKC

9:00 – 2:00 Mon. – Fri.

No referral necessary

- • Bring picture ID
- • Misc. household items

Jesus House 405-232-7164

1335 W. Sheridan

OKC

10:00 – 4:00 Mon. – Fri.

7:00-2:00 M-F Clothing

MWF Food Baskets

Presbyterian Urban Missions 405-946-1556

3737 N. Portland

OKC, 73125

- Household items

GRIEF SUPPORT GROUPS

Calm Waters. 405-841-4800

4334 NW Expressway, Suite 101

OKC 73116

Support groups for children affected by death, chronic illness, or divorce

The Kids Place 405-844-5437

2 E. 11th St,

Edmond, OK 73034

Support groups for children affected by death

- Neonatal Parents Network 405-203-8745 (pre-natal to 2) 271-4500 Ext. 220(2 and older)
- Providing one-on-one support for families in the Neonatal Intensive Care Unit
- Bereavement after the loss of a baby

HEALTH INSURANCE

SoonerCare (Oklahoma Medicaid)

405-522-7300

SoonerCare is a health coverage program jointly funded by the federal and state government. This program helps pay some or all medical bills for many people who can't afford them. The Oklahoma Health Care Authority (OHCA) is the state agency that administers the



program. The Oklahoma Department of Human Services (OKDHS) determines financial eligibility for the program.

SoonerCare Choice

SoonerCare Choice provides help with insurance coverage for Oklahomans generally as described below:

Adults 19 and older with family planning needs
Adults with children under 19
Children under 19 and pregnant women
Individuals 65 and older
Individuals who are blind or who have disabilities
Women under 65 in need of breast or cervical cancer treatment

Find a doctor:(medical number for will be needed)

Toll free 1-800-522-0310

Oklahoma City area 405-522-7171

TDD/TTY 405-522-7179

Find a mental health service provider 1-800-652-2010

Immunizations. 1-800-522-7199

Find a dentist1 405-522-7188

Medicaid Advice Line. 1-800-530-3002

(Provides help with some Medicaid issues after business hours and on holidays)

SoonerRide 1-877-404-4500

- Provides mileage reimbursement and other help with transportation for Medicaid recipients.
- Provides transportation to and from medical appointments for children with special transportation needs when the parent is not properly equipped to transport.
- Provides travel expense reimbursement for parents for trips taken transporting children to and from medical appointments. Rate of re-imbursement is 23 cents per mile subject to change.
- Provides travel to and from medical appointments for children when parents do not have a means of transportation.

Insure Oklahoma 405-522-7300

Insure Oklahoma offers low cost health insurance plans for those who qualify. The Insure Oklahoma/O-EPIC Employer-Sponsored Insurance will pay part of the health plan premiums for eligible employees working for qualified Oklahoma small businesses (with 50 or fewer full-time employees). Participation in this program is voluntary. The Insure Oklahoma/O-EPIC Individual Plan is available to Oklahomans not otherwise eligible to participate in an Insure Oklahoma employer-sponsored Qualified Health Plan.

Other Types of Insurance Coverage

To learn about other types of coverage, contact the Oklahoma Health Care Authority. 405-522-7300, Or visit the web site at www.ohca.state.ok.us

HOTLINES

- DHS Hotlines and Phone Numbers
- Report Adult Abuse 1-800-522-3511
- Report Child Abuse 1-800-522-3511
- Child Support Enforcement 1-800-522-2922
- Developmental Disabilities
- North and Central Oklahoma 1-800-522-1064
- North and Eastern Oklahoma 1-800-522-1075
- Central and South Oklahoma 1-800-522-1086
- DHS Automated Case Inquiry Line 1-888-521-2778
- Foster Parent 1-800-376-9729
- Senior Info-Line 1-800-211-2116
- Swift Adoption 1-877-657-9438
- Reporting Welfare Fraud 1-800-784-5887
- C.A.R.L.(Care Access & Referral Line) 405-557-1100
- CDC 1-800-344-7432
- Domestic Violence 1-800-799-7233 or 1-800-787-3224
- Oklahoma Healthcare Authority. 405-525-1091 or 405-530-3400
- Missing and Exploited Children 1-800-843-5678
- SoonerCare 1-800-987-7767
- Sooner Ride 1-877-404-4500
- Safeline (sexual assault and DV) 1-800-522-7233
- Teenline. 1-800-522-8336
- Youth Crisis and Runaway Hotline. 1-800-448-4663

Childhelp National Child Abuse Hotline 1-800-422-4453

If you need help or have questions about child abuse or child neglect, call the Childhelp National Child Abuse Hotline at 1-800-4-A-CHILD (1-800-422-4453) then push 1 to talk to a counselor.

The call is free and anonymous. (The Hotline counselors don't know who you are and you don't have to tell them.)



There won't be a charge for the call on your telephone bill if you use a regular phone or a pay phone. If you use a mobile phone or cell phone, there may be a charge and it may show up on the telephone bill. Don't use a mobile or cell phone if you want to be sure your call is a secret. But please...do not make prank calls to the Hotline. This will tie up the phones and keep us from talking to someone who really needs help right away.

The Hotline counselors are there 365 days a year to help kids, and adults who are worried about kids they suspect are being abused or neglected. Visit them on the web at: www.childhelp.org

HOUSING

Community Action Agency Transitional Supportive Housing Program 405-232-0199

319 SW 25TH Street OKC
8:00 – 5:00 Mon. – Fri.

Website: www.caaofokc.org

Assistance for permanent housing for individuals residing in overnight shelter or treatment/rehabilitation facility and have a written referral; have the ability to find and maintain employment, and agree to participate in case management.

- If applicant is not employed, transportation services can be offered
- Assistance with uniforms and tools
- Assistance with permanent housing consists of security deposit, utility deposit, payment of first month's rent, additional services as needed.
- Case management consists of assessments, money management, time management goal setting, and client/coordinator communication.

Oklahoma City Housing Authority 405-239-7551

1800 N.E. 4th St.

OKC, 73109

8:00 – 5:00 Mon. – Fri.

- • Need 2 forms of ID
- • Need social security numbers on all members
- • Takes 2-6 weeks processing

Call one of the following for application or appointment:

Will Rogers Courts 405-632-6060
1620 Hayman

NE Scattered Sites 405-424-5219
2053 NE 29th

Scattered Sites (houses) 4405-424-8309
1316 NW 12th

Oak Grove. 405-681-2381
3301 SW 17th

Ambassador Courts. 405-631-3769
800 SE 15th

Sooner Haven. 405-424-4651
1444 N.E. 36th

Fred Factory Gardens. 405-769-3393
3901 Dundee Blvd.

Oklahoma City Housing Authority –405-239-7551

1700 NE 4th fax: 405-605-3296

Independent Section 8 Apartment Complexes. The amount of rent is based on income, so that it will not exceed what one can afford. Each apartment complex is independently owned, so you must apply at each complex separately. Some complexes have extensive waiting lists, others may have immediate openings.

Del City.

Oak Ridge 3344 S. Bryan. 670-2607

Woodcrest. 4901 E. Reno. 677-0155

Edmond.

Rolling Green Apts 400 E. Danforth. 348-0400

College View-236 ,1124 Kennedy 341-2867

Midwest City.

Rolling Meadows Apts 1312 N. Midwest Blvd 737-7871

Moore.

Jamestown Square Apts. 1200 N.W. 10th Place ,794-0201

Norman.

Vicksburg Village. 200 S.E. Vicksburg. 360-6724

OKC.

Bethany Place, 3901 N. Rockwell 789-1454

Chaparral Townhouses, 1301 N. Stiles 232-4020

Hillcrest Green Apts..3317, S.W. 75th. 682-2622

London Square Village, 7533 N.W. 6th 787-7421

Rockwell Villa Apts 929 N. Rockwell. 787-7421

Southern Oaks Apts.3400 S.W. 44th.. 681-7561

Terrace Apartments 6640 N.W. 10th. 787-9081

Village South Apts 747 Village South Park 631-5446

Oklahoma Housing Finance Agency Section 8 Rental Assistance Program. 405-848-1144 or 405-842-2471

100 N.W. 63rd, Suite 200 OKC, 73116

Call to have application mailed Federally subsidized housing program which provides certificates or vouchers Family may choose any type of housing unit as long as it meets program standards.

Long waiting list, approximately 2 years. Will give priority to those who are living in one of the shelters or maternity homes, or to anyone with a disability or family members with special needs, including pregnancy.

Emergency Shelters

Grace Rescue Mission. 405-232-5756

2205 Exchange Ave. OKC

- Housing for men and families only (no single women)
- Thrift shop,
- Hot meals

City Rescue Mission. 405-232-2709

800 W. California

OKC OK 73106

Housing for men, women and families Hot meals

Salvation Army 405-236-1060

501 S. Harvey.

OKC, OK 73109

9:00 – 12:00, 1:00 – 4:00, Mon. – Fri.

- Rehabilitation work therapy program for male substance abusers
- Emergency financial assistance (food, utilities, etc.)
- Transitional housing
- Emergency shelter for men, women, and women and children together
- Hot meals
- Transportation
- Senior programs
- Boys and girls club program

- Youth character building programs
- Disaster programs

Jesus House. 405-232-7164

1335 W. Sheridan Ave.

OKC

- Housing for men and women only (accepts single women)
- Appliance, furniture, and clothing assistance
- Food baskets
- Utility assistance when possible
- Travel assistance
- Hot meals

Salvation Army Adult Rehabilitation Center. 405-236-3677

2041 N.W. 7th Street

OKC

7:30 – 5:00, 7 days a week

Rehabilitation work therapy program for adult male substance abuses 18 years of age or older . Completion of the program is 90 days, however 6 months to one year is suggested. Residents may stay as long as they wish, provided they abide by regulations of the Center

- Family Self Sufficiency Program
- Counseling

Oklahoma City Housing Authority 405-239-7551

1800 N.E. 4th

OKC, 73117

8:00 – 5:00 Mon. – Fri.

- Job development
- Resume writing
- Parenting skills
- Budgeting
- Homeownership counseling
- Health and Mental Health Counseling
- Child Care providers
- Escrow or savings account

*Must be on Section 8 Program of the Oklahoma City Housing Authority

Neighborhood Services Organization 405-236-0413

431 S.W. 11th Street

OKC, 73109

Assists with housing needs to homeless .Assists eligible mentally ill homeless individuals with single room apartments
Project Rainbow – A residential mentoring program that will be housed at the Gateway House where young mothers ages 18-23 will live in their own apartments and learn life skills and parenting skills.

- • For women 18-23 who are either pregnant or have one child under the age of 5

Hope Community Services, Inc 405-634-4400

105 S.E. 45th

OKC, 73129

Community Living Programs are designed to assist homeless, mentally ill adults in acquiring descent, affordable housing.

- • Rental assistance for a limited period of time

IMMUNIZATION CLINICS

Oklahoma City/County Health Dept.

Main Facility 405-425-4450

921 NE 23rd

Routine Immunizations:

Mon, Tues, Thurs, Fri. 8:00 – 3:30p.m. Wed. 9:00 – 3:30p.m.

Overseas Immunizations by appt. only. 405-425-4362

IMMUNIZATION CLINICS

Overseas Immunizations -By Appointment Only 425-4362

MAIN FACILITY - 921 NE 23rd - 405-425-4450

Routine Children Immunizations

Mon., Tues., Thurs., 7:00a.m. – 5:00p.m.; Wed.8:00-5:00

Immunizations for DTaP, Td, MMR, HIB, Polio, Hepatitis A & B, Varicella, Gardasil and Meningococcal are available at the following times and locations.

1st Baptist Church of Bethany

1st Monday every month 8:30–11:00a.m.

3800 Mueller (West of MacArthur)

MIDWEST CITY WEED & SEED

3rd Wednesday every month 1:00-4:00p.m.

9233 NE 10th (NE 10th & Douglas)

JEFFERY D. ROMINGER COMMUNITY CTR.

3rd Thursday every month 8:30-11:00a.m

3450 SW 29th

LATINO COMMUNITY CTR

1st Thursday every month 8:30–12:00p.m.

420 SW 10th

Midwest City Community Ctr.

4th Tuesday every month 8:30-11:00a.m.

100 N. Midwest Blvd.

A parent or guardian over the age of 18 must be present at the time of immunizations.

PLEASE BRING PRIOR IMMUNIZATION RECORDS

LEGAL

Legal Aide of Central Oklahoma, Inc. 405-297-3190

2901 N. Classen Blvd., Suite 110

OKC

8:30 – 5:00 Mon. – Fr. (Civil)

8:00 – 4:30 Mon. – Fri. (Public Defender)

- Free legal representation or services to elderly and low income people on non-criminal matters.
- Advise and counsel
- Referral
- Community legal education
- Preparation of documents
- Representation before courts, administrative and legislative bodies
- Public Defender services available when jail is a possible punishment

District Attorney's Victim/Witness Center 405-713-1600

320 Robert S. Kerr Ave room 505

OKC 73102

8:00 – 12:00, 1:00 – 5:00 Mon. – Fri.

- Compensation and assistance for persons who suffer bodily injury as a result of criminal acts.
- Assistance for victims of domestic violence in preparing petition for Victim Protective Order (VPO).
- Assistance and support for persons (adults or children) who are victims of sexual assault.

Oklahoma Disability Law Center, Inc 405-525-7755

2915 N. Classen Blvd., Suite 300

OKC

8:30 – 5:00 Mon. – Fri.

Provides legal services in connection with protection and advocacy for persons with disabilities.

LIBRARIES

- Village, 10307 N Penn, 405-755-0710
- Belle Isle, 5501N. Villa, 405-843-9601
- Warr Acres, 5901 NW 63rd, 405-721-2616
- Drexel, NW 16th & Drexel, 405-943-9149
- Bethany, 3510 N. Mueller, 405-789-8363
- Downtown, 131 Dean McGee, 405-231-8650
- Wright, 2101 Exchange, 405-235-5035
- Capitol Hill, 334 SW26th, 405-634-6309
- Southern Oaks, 6900 S. Walker, 405-631-4468
- Ralph Ellison, (Offers GED classes), 2000 NE 23rd, 405-424-1437
- Edmond, 10 S. Littler, 405-341-9282
- Choctaw, 14625 NE 23rd, 405-390-8418
- Del City, 4509 SE 15th. 405-672-1377
- Nicoma Park 2240 Overholser 405-769-9452
- Luther 115 S. Main 405-277-9967
- Harrah, 930 N. Church Ave., 405-454-2001
- Jones, 210 W. Main, 405-399-5471
- Midwest City 8143 E. Reno, 405-732-4828
- Spencer, 8310, NE 36th, 405-771-4031

LITERACY PROGRAMS

OKC Metro Literacy Coalition 405-830-2790

P.O. Box 14456

OKC, OK

www.okcliteracycoalition.org

The goal of the OKC Metro Literacy Coalition is to ensure anyone who wants literacy services can readily access them and that every literacy provider has the resources it needs to provide the best services possible for every learner.

Oklahoma Literacy Resource Center 405-521-2502

200 N.E. 18th St.

OKC

7:30 – 5:00 Mon. – Fri.

- Walk-ins
- Central clearinghouse for information impacting literacy activities.

Oklahoma Literacy Council

405-232-3780

300 Park Ave.
OKC, OK 73102
Need an appointment

Community Literacy Centers, Inc 405-524-7323

3703 S. Blackwelder.
OKC
8:00 – 8:00 Mon. – Thurs.

MATERNITY RESIDENT PROGRAMS

Holy Family Home Catholic Charities 405-741-7419

6821 Eddie Dr.
Midwest City, OK
Residents up to 18yrs.

Rose Home C/O Birth Choice 405-631- 4477

4701 S. Western
OKC 73119
Residents over 18yrs.

Hope Home Baptist Children's Home 1-918-272-2557

Owasso, OK (near Tulsa)
Residents up to age 18

Gatewood House Neighborhood Family Services 405-236-0413

OKC
Pregnant women and children under 8 years of age.

MEDICAL CLINICS – FEES CHARGED BELOW

STANDARD RATE

University Family Medicine Center 405-271-4331

900 NE 10th
OKC, 73104
8:00 – 5:00 Mon. – Fri.

24 hour on call services

- Physical therapy
- In-house pharmacy

\$88 first visit if no insurance, approximately \$69 return appointment. Payment due when services rendered. Arrangements can be made to pay additional fees such as lab or x-ray. Accepts Sooner Care options and other managed care groups

Mary Mahoney Memorial Health Center 405-769-3301

12716 NE 36th Street
Spencer OK, 73140
8:00 – 6:00 Mon., Wed., and Thurs. 8:00 – 7:00 Tues 10:00 – 5:00 Fri

- Sliding Scale Fee. • Medical Clinic
- Dental Clinic
- Lab
- X-ray
- Women's health care (perinatal, family planning)
- Pharmacy
- Social Services
- Mental Health

- WIC Program
- Adolescent Services
- Child Abuse Program
- Well Child

Dermatology Clinic 405-271-6110

619 NW 13th
OKC
Mon. – Fri. 8:00 – 5:00
Call for appointment

Planned Parenthood 405-528-2157

619 NW 23rd
OKC, 73109
8:30 – 6:00 Mon. 8:30 – 7:00 Tues. 8:30 – 5:00 Wed. & Thurs.
8:30 – 6:00 Fri.

- Call for appointment-walk-ins accepted
- Accepts Medicaid for Family planning only
- Routine gynecological care (annual exams, pap smears)
- Contraceptives
- Testing/treatment of STD's
- Pregnancy testing/counseling
- Prenatal care
- Vasectomy
- Tubal ligation services
- Breast exams
- Colposcopy/cryo-therapy services
- Fertility awareness classes
- HIV testing/counseling
- Midlife services for women
- Limited primary care

University Hospital & OU Women's clinic 405-271-4700

711 S.L Young Blvd
OKC, 73126

- Women's Clinic(Mon. – Fri. 8:00 – 5:00 appts. only) 405-271-3900
- Medicine Clinic 405-271-3900
- Emergency Room 405-271-4363

Breast Health Center 405-271-4514

920 Stanton L. Young Blvd., Rm. 3SP101

Children's Hospital 405-271-4371

940 NE 13th
OKC, 73104
Mon. – Fri. 8:30 – 5:00

- Emergency Room 405-271-4876
- Adolescent Clinic 405-271-6208

Indian Clinic 405-948-4900

4913 W. Reno
OKC, 73127
7:45 – 5:00 Mon., Tues., Thurs., and Fri. 1:00 – 5:00 Weds.
Must have Indian Identification card. Call for an appointment

- Medical Services
- Dental Services

Oklahoma Community Health Services 405-632-6688

1025 Straka Terrace
OKC, 73129

Mon. and Tues. 8:30 – 4:30 Wed. 8:30 – 11:00 Thurs. 8:30 – 7:30p Fri. 8:30 – 4:30
Call for an appointment
Emergency walk-ins 8:30 – 11:00, 1:00 – 4:00

Variety Health Center 405-235-6467

420 NW 6th Street

OKC, 73102

8:00 – 4:30 Mon. – Fri.

Maternal and child health care services to mothers and children

- WIC
- Immunizations
- Eye clinic
- Pediatric sick and well child clinics
- Family Planning
- Dental clinic (7:00 – 3:00 Mon. – Fri.)
- Childbirth classes

St. Anthony Hospital 405-272-7363

1000 N. Lee

OKC, 73107

1:00 Mon. – Tues.

- Urgent care
- \$49.00 clinic fee
- Walk-ins

Adolescent Clinic 405-271-6208

940 N.E. 13th

OKC

- Provides adolescent medical services

Hope Center Health Service 405-348-4680

1251 N. Broadway,

Edmond, OK

Call for an appointment. By appt. only

Windsor Park Medical Clinic 405-605-5415

2512 N. Meridian (Corner of 23rd & Meridian across from Crest & next to CiCi's pizza)

OKC, 73107

- Extremely Low Fees
- Well woman with pap smear \$49
- Sore throat with strep screen \$45
- Diabetes check with Bl sugar \$45
- Annual Comprehensive exam \$75
- (with EKG and basic lab)
- Se Habla Espanol

Baptist Community Clinic 405-717-9872

1201 NW 10th

Oklahoma City County Health Dept 405-425-8434

921 NE 23rd

OKC, OK

- Family Planning
- STD
- Immunizations
- Other Services

MEDICAL CLINICS - FREE

Good Shepherd Ministries 405-232-8631

222 NW 12th

OKC

(Located in First Baptist Church)

6:00 Monday evenings Health Care – Appt's only – Please call at 9:00 a.m. Monday for an appt. that evening

- Provides Clothing and food
- Provides Medical help
- Provides Dental services and referrals
- Dental Clinic appt. only

Baptist Mission 405-235-6162

2125 Exchange

OKC 73108

Health Care – 5:45 Thursday evenings

Dental Care – 4:30 Monday (first 13 patients, 1st come 1st served)

Please call first to make sure clinic is open

- Free eye exams
- Minor Illnesses
- Prescriptions free

St. Charles McCaully Free Clinic 405-789-2595

4915 N. State Street

(hotline) 405-755-1515

War Acres, OK 73122

(Located on the eastside of St. Charles Borromeo Catholic Church property)

5:30 – 9:00 Monday evening 5:30 – 9:00 1st, 2nd, 3rd Tuesday evening 5:30 4th Tuesday - Woman Only, 5:30 4th Thursday - Children 16 years and younger 1st come, 1st served basis

- Minor illness only
- Health Care assessments for all ages
- Prescriptions

If have chest pain, significant breathing problems, major wounds, or possible broken bones, go to the Emergency Room.

Open Arms Free Clinic 405-789-0458

1513 N. Meridian Ave.

OKC, OK

Sign in begins at 4:30 – Thursday evenings (except major holidays)

1st come, 1st served basis

Basic medical care only. If you have a health question, call Health Link at 405-329-6877. This phone is answered 24 hrs/day by an R.N.

Patients needing more in depth care are referred to a network of volunteering specialists and primary care physicians.

- Treats 20-25 patients. If 2 physicians are working, 30-35 patients are seen
- No gynecological exams
- No lab work
- Flu shots given on specific dates (generally 1-2 days in the fall)
- Clinic pharmacy does not dispense any controlled or injectable medications

Patients wanting meds refilled must first see the clinic physician and have the number of refills allowed noted. Refills filled according to availability.

Little Flower Church. (clinic) 405-235-2037

1125 S. Walker
OKC, 72109

Adult's clinic – 5:30 Tues. and Weds.

Pediatric clinic – Mon. – call for clinic times

- All clinics on a walk-in basis
- No fees
- Spanish and English spoken

(Note: gifts or donations accepted)

Baptist Community Clinic.405-951-2277

1201 NW 10th

(Recording) 405-951-2645

OKC, 73103

(Lisa) 405-951-2608

(Located in Olivet Baptist Church – the clinic is located between Elision and Klein St.)

Open at 3:00 for registration

5:00 – 8:00, 2nd Tues., 2nd & 4th Thurs. of each month –

Physician services 3rd Thursday – prescription refills only and only for existing patients who have been seen at the clinic before 2nd & 4th Thurs. – optometrist available for eye exams, prescription glasses (no contact lens exams)

- Volunteer Baptist Hospital Physicians
- No appointments, 1st come, 1st served basis – people begin lining up at 12:00 p.m.; doors open at 3:00.
- General medical services – no OB/GYN, no lab
- Treatment of infections of the ear, throat, nose, eye and mouth
- Basic repair of wounds and abrasions
- Physicians will diagnose and provide prescriptions, and will refer the patient elsewhere for problems requiring specialized attention.
- Immunizations
- Dental Clinic (extractions only)
- Routine pediatric examinations and diagnoses and treatment of pediatric related illness
- Child care (while parents are being treated or with a child being treated)

Healing Hands Clinic.405-272-0476

411 NW 11th

OKC, 73103

8:30 – 4:15 Mon. – Fri.

- Homeless Only
- Children, youth, men, women seen
- Prescription assistance
- Primary care
- HIV testing, STD testing, TB testing
- Immunizations
- WIC
- Pregnancy testing, prenatal care, postpartum follow-up, Family Planning
- Substance abuse counseling, mental health counseling
- Case Management, referrals
- Limited/simple lab procedures

American Cancer Society

05 43-9888

6525 N. Meridian Suite 110

OKC, 73116

8:30 – 5:00 Mon. - Fri.

- Can supply help with wigs, transportation, prosthesis, and other supplies for use by cancer patients.
- Cancer support groups
- Some prescription assistance

Community Action Agency 405-232-0199

319 SW 25th St.

OKC, 73106

8:00 – 5:00 Mon. – Fri.

- For Homeless only
- Assistance with eye exams, eyeglasses and dentures
- Priority given to persons diligently seeking employment

Kings Clinic 405-848-4005

921 W. Britton Road

OKC, 73114

Call dates of Tuesday when Dr. 's will be present

3:30 – 6:30 Tuesday evenings, Mon. 12:0 to 3:30 p

Do not wait until last minute to sign in, 1st come 1st served

- Primary health services for women and children of non-emergency nature
- No emergency services available
- Occasionally services men
- Medication is provided if available
- Prescriptions written
- Referrals to other health providers when medical needs cannot be met
- Food pantry
- Clothing closet (1:00 – 3:00 Mon.) provides free clothing

MENTAL HEALTH/COUNSELING SERVICES

EMERGENCY/SUICIDE ADULTS

Oklahoma County Crisis Intervention Center 405-522-1800

1200 N.E. 13th St.

(24 hour hotline) 405-271-5050

OKC, 73152

24 hrs/day, 7 days/week

EMERGENCY/SUICIDE TEENS

Teenline 405-271-8336, 1-800-522-9054

1200 N.E. 12th

OKC, 73152

24 hour hotline, M-F

Provides free, confidential, and anonymous telephone listening, crisis

Intervention, and information and referral services.

Contact Telephone Helpline, Inc (24 hour hotline) 405-848-2273

NON-EMERGENCY MENATL HEALTH COUNSELING

Community Counseling Center Screening 405-272-0660

1140 N. Hudson
OKC, 73103

Must go to screening first and then the center will set up an appointment

Community Counseling Center 405-272-0660

2512 S. Harvey
OKC, 73109

8:00 – 5:00 Mon. – Fri.

- Individual, marriage, family counseling
- Home based counseling for youth and families•
Therapeutic nursery
- Substance abuse counseling

Red Rock Mental Health Center 405-424-7711

4400 N. Lincoln Blvd.
OKC, 73105

8:00 – 7:30 Mon. 8:00 – 7:00 Tues. 8:00 – 6:00 Wed. & Thurs.
8:00 – 4:15 Fri..

- Outpatient individual, group, family counseling
- Therapeutic day treatment for children
- Family home based services for youth and families
- Medication Clinic

Positive Changes 405-636-1463

744 SE 25th
OKC 73129

- Children to 17 years
- Psychiatric evaluation
- Accept Medicaid clients and
- Sliding scale

NorthCare Mental Health Center 405-858-2700

6300 N. Classen Blvd.
OKC, 73118

- 24 hours/day
- \$40 min. individual, \$15 min. group
- Family counseling
- Intensive in-home services
- Crisis intervention
- Day treatment
- Medication Clinic

Sunbeam Family Services 405-528-7721

616 N.W. 21st
OKC

Provides individual, marital or family counseling

- Group therapy
- Parenting education
- EAP services
- Specialized center based day care for young children with development needs
- Therapeutic and family foster care for abused/neglected emotionally disturbed children

PARENTING/RELATIONSHIP PROGRAMS

Latino Community Development Agency, Inc 405-236-0701

420 S.W. 10th Street
Oklahoma City, OK 73109

This program serves first-time mothers past the 28th week of pregnancy, first-time mothers who are not being served by Children First, pregnant women who are expecting their second child, and parents of young children through center-based activities.

- Services are directed primarily toward Hispanic families.
- Program-related child care
- Parent-child personal safety training sessions
- Life management skills training sessions for parents
- Family support events
- Program-related transportation

Exchange Club Center for the Prevention of Child Abuse of Oklahoma, Inc. 405-232-2500

415 N.W. 5th Street
Oklahoma City, OK 73102

This program serves first-time mothers past the 28th week of pregnancy, first-time mothers who are not being served by Children First, pregnant women who are expecting their second child, and parents of newborns.

- Program-related child care
- Parent-child personal safety training sessions
- Parent-child violence prevention training sessions
- Life management skills training sessions for parents
- Parent-child drop-in activities
- Family support events
- Parenting support telephone line
- Program-related transportation
- Respite care
- Community Health Centers, Inc.

Start Right Programs 405 271-7611

1000 NE 10th Street, Room 707
Oklahoma City, OK 73117

Start Right Programs provide voluntary home visitation and community-based services that teach positive parenting skills and connects families with resources that help families grow strong.

Upon enrollment, trained professionals will work with the parent to help ensure families will be successful. The family will learn about parenting skills and child development. Start Right program families may also be connected with needed community resources such as job training and child care.

Mary Mahoney Memorial Health Center 405-769-3301

12716 N.E. 35th Street
Oklahoma City, OK 73140

This program serves first-time mothers past the 28th week of pregnancy, first-time mothers who are not being served by Children First, pregnant women who are expecting their second child, and parents of newborns.

- Program-related child care
- Parent-child violence prevention training sessions
- Life management skills training sessions for parents
- Parenting support telephone lines
- Program-related transportation

Parents as Partners in Education 405-478-4078

4801 Classen Blvd, Suite 212
FAX 405-478-4077
OKC 73118

Services offered to expectant parents and children ages birth – 5 years old

- Provides parenting education
- Parent resource center with lending library
- Referrals for Parental Needs for: food, clothing, Section 8 housing, Medicaid, food stamps, WIC, developmental screening, hearing and vision testing, immunizations, etc.

Children First Program 405-521-1911

For mothers-to-be expecting their 1st baby, who are less than 28 weeks pregnant and who want to learn all they can about becoming a parent. This voluntary, client-centered program is tailored to meet individual needs. The program provides in-home visits by a nurse. Participants learn about pregnancy, fetal development and what to expect during labor & delivery. Breast-feeding or bottle-feeding, how to give baby a bath, and how to begin life as a parent are also covered. The nurse will continue to make weekly and bi-weekly visits to weigh and measure the baby, educate expectant mothers learn about baby's growth and development to help them through the challenges that every new parent faces.

Family Expectations 405-639-2054

Family Expectations is a FREE program for couples expecting a baby or who just had a baby. This new program helps couples:

- Build a strong relationship
Find ways to work as a team
- Learn what's best for their baby
- Prepare for the changes a new baby brings
- Have fun with other couples!



Oklahoma Marriage Initiative 405-848-2171

(toll free in Oklahoma) 1-877-435-8033

Provides various workshops for married couples to



reduce stress and improve coping skills. Visit their website at: www.okmarriage.org.

Family Start 405-271-3525

OU Children's Physicians,
Bielstien Tower, Room, 2428
Post Office Box 268834
Oklahoma City, OK 73126-8834



A new program that provides support to mothers who have given birth at OU Medical Center and who are eligible for Medicaid benefits related to the birth. The program helps by improving financial security for the family and

- By improving relationships between the baby and the other parent
- Helping to keep the family safe and healthy
- Finding adequate housing
- Helping mothers with school and employment

Child Guidance Service 405-271-4477

Oklahoma State Dept. of Health
1000 NE 10th Street

Oklahoma City, Ok. 73117-1299

Child Guidance staff provides services that fall into four general categories:

1. Services to Individual Children and Families
2. Educational Services to the General Population
3. Services to Professionals
4. Community Development

The Child Guidance Program has three professional components designed to interface to provide a continuum of services to build healthy family relationships and enhance child development. These include Behavioral Health Services, Early Childhood Development and Parent Education Services, and Speech Language and Audiology Services.

PRENATAL SERVICES

C.A.R.L.(Care Access & Referral Line) 405-557-1100

Information about pre-natal services

Prenatal Diagnostic Center 405-271-5400

825 N.E. 10th Street,
Oklahoma City, Oklahoma

Doctors specialize in bringing high-risk pregnancies to term. Highly-trained specialists use advanced technology to ensure health and well-being for mom and baby (babies). Provides high-resolution, color ultrasound and pulsed Doppler capabilities, as well as 4D ultrasound to closely monitor a baby's development. Counsels and diagnoses women at risk of genetic disorders. Doctors also treat pregnant women with such medical problems as:

- Diabetes
- High blood pressure
- Kidney disease
- Multiple gestations

West Clinic 405-419-4150

4330 NW 10th
OKC 73127

OK Community Health Services 405-632-6688

1025 Straka Terrace
OKC

Great Plains Family Practice Center 405-951-2855

3500 NW 56th, Suite 199
OKC, OK 73112-4518
Translation Services Available

OUMC Family Medicine Ctr. 405-271-4311

900 NE 10th

OKC, 73126

Hope Center Health Clinic 405-348-4680
1251 N. Broadway
Edmond, OK 73034
(UNINSURED ONLY, Must reside in Edmond)

Variety Health Center 405-235-6466
420 NW 6th
OKC 73125
Pediatrics, OBGYN, Immunizations..

Mary Mahoney 405-769-3301
12716 NE 36th
OKC, 73140

Better Babies Prenatal Clinic 405-329-1571
317 E. Himes
Norman, OK 73070

Variety Mid-Del 405-677-1129
3851 Tinker Diagonal
Del City, 73115

St. Anthony Family Medicine Center 405-231-3000
608 NW 9th Suite 1100
OKC, 73103

Oklahoma City Indian Clinic 405-948-4900
4913 W. Reno
OKC

Healthy Start (Mary Mahoney) (405) 427-3200
3107 Martin Luther King
OKC, OK 73111
Promotes early entry into prenatal care, promotes education regarding available preventive health services for children from birth to 2 years of age, and works with the community toward the prevention of unintended pregnancy, especially among teens.

SafeCare/Safe Families (NorthCare) (405)-858-2700
Families learn how to reduce family stress, prevent behavior problems from their children, improve communication and discover community resources. Serving residents of Oklahoma and Payne counties, we provide services to families, who have at least one child under the age of six and are experiencing parenting difficulties or living with significant stressors. All services are free-of-charge.
NorthCare (Safe Care Office)
4436 NW 50th St.
Oklahoma City, OK 73112

Birth Choice of Okla., Inc. (405) 631-4477
4701 S. Western Ave.
Oklahoma City, OK 73109

5106 N. Rockwell
Bethany, OK 73008
(405) 495-6919

11 A. Burton Place
Edmond, OK 73013
(405) 330-2111

Birth Choice has a network of educational, financial and medical community resources. Our volunteers are familiar with the programs available and will assist each woman in finding the ones best suited for her needs. Provides maternity clothing, baby clothing, diapers, and formula.

Hope Pregnancy Center OKC
North (405)755-5433, South (405)688-8700
1624 SW 82nd
Oklahoma City, OK 73159
10327 N. May Ave.
Oklahoma City, OK 73120

Mon., Tue., Wed., Fri. 9am - 5pm, Thu.: 9am - 8pm

Education on abortion and alternatives, medical, pregnancy verification, single parenting support, ultrasound on-site, option education, pregnancy tests, STD/STI information, adoption referrals, church referrals, community referrals, education, assistance referrals, medical referrals, men's, program, pre-natal classes, parenting classes, post abortion support.

PRESCRIPTIONS

Oklahoma County Pharmacy 405-713-1893
7401 NE 23rd
OKC

8:00 – 5:00 Mon. – Fri.

Referral requested and client must have \$0 income. Must have lived in Oklahoma County at least 6 months and 1 year in the state of Oklahoma. Must bring original prescription-Please call ahead to make sure they have medication needed.. Must bring proof of residency, income verification, and disability, housing assist...or any other assistance. Medication at no charge

Neighbor for Neighbor 405-236-0473
300 SW 13th St.
OKC

9:00 – 1:45 Mon. – Fri.

- Helps with food, utilities, transportation to new jobs, prescriptions and other emergency services
- May also give Tylenol, if needed. Sometimes will provide for pregnant women.
- Must use Rx Pharmacy – 6517 S. Western, OKC
- Will not fill prescriptions for STD's

Guild of St. George 405-232-2266
127 NW 7th St.
OKC

Mon, Wed, Fri. 9:00 – 12:00 noon (arrive early to line-up)

Client may have to go in to apply during office hours. Will take first 15 applicants

- Assists up to \$30.00
- Does Not help with antidepressants, hormones, or pain medications

Community Action Agency 405-232-0199

319 SW 25th
OKC

8:00 – 5:00 Mon. – Fri.

- For Homeless only
- A maximum of \$30.00 may be applied towards prescriptions (does not include narcotics, amphetamines, psychotropic or potentially habit forming meds)

Presbyterian Urban Mission 405-946-1556

3737 N. Portland
OKC, 73125

Tues., Thurs. 9:00 – 11:00a.m.

- Provides emergency assistance with prescriptions through United
- Discount Pharmacy --5420 N. Portland, OKC (Deaconess Hospital).

Baptist Community Clinic 405-951-2608

1201 NW 10th St.
OKC, OK 73106

Kings Clinic 405-848-4005

1001 NW 92nd Street
OKC

Call for times of distribution and availability

RAPE-ADULTS

District Attorney's Victim/Witness Center 405-713-1600

320 Robert S. Kerr Ave., Rm. 409
OKC 73102

8:00 – 12:00, 1:00 – 5:00 Mon. – Fri.

- Compensation and assistance for persons who suffer bodily injury as a result of criminal acts
- Assistance for victims of domestic violence in preparing petition for
- Victim Protective Order (VPO)
- Assistance and support for persons (adults or children) who are victims of sexual assault.

REACHOUT 1-800-522-9054

Oklahoma Department of Mental Health and Substance Abuse Services

1200 N.E. 13th St.
OKC

24-Hours – 7 days/week

A statewide, 24 hour, toll free hotline which provides crisis intervention and referral

Women's Resource Center, Inc 405-364-9424

501 Alameda
Norman

24-hours, 7 days/week

- Shelter services for women in domestic violence situations
- Education/prevention programs
- Counseling and crisis intervention for domestic violence and sexual assault

**YMCA Rape Crisis Center 405-943-7273 (rape crisis)
405-943-4724**

2460 W. I-44 Service Road
OKC, OK 73112

- 24-hour hotline
- Support groups
- Counseling
- Assists sexual assault survivors in hospital ER

TLC Foundation 405-840-7040

3000 United Founders Blvd. Suite 239
OKC, 73112

9:00 – 6:00 Mon. – Wed., 9:00 – 8:00 Thurs., 9:00 – 5:00 Fri.

After hours and weekends by appointment only

Group and individual domestic violence and sexual assault services

RAPE/SEXUAL ASSAULT (MINORS)

Rape Crisis Hotline 405-943-7273

Contact 405-848-2273

Teenline 405-271-8336

Adolescent Girls Groups 405-842-0177

6:30 – 8:30 Mon. evenings

- Ages 13-17
- Focusing on sexual assault

Parents Assistance Center (PAC) 405-232-8226

415 N.W. 5th
OKC

8:30 – 5:00 Mon. – Fri.

- Counseling for parenting skills
- Abused children/victims of sexual abuse
- Mother's group
- Adolescent group
- Sibling group
- AMAC – Adults Molested as Children group

Mental Health Association in Oklahoma County (Sunbridge)

405-943-3700

2800 NW 36th Suite 104
OKC, OK 73112

10:00 – 6:00 Mon. – Wed.

Very low cost youth and family counseling

Edmond Family Counseling 405-341-3554

1261 N. Broadway
Edmond, OJ

9:00 – 5:00 Mon. – Fri.

- 24 hour crisis intervention
- Individual, group, family crisis counseling
- Youth 18 and under who live or attend school in Edmond or Deer Creek

Northwest Guidance Clinic 405-752-7500

13321 N. Meridian Suite 408
OKC

8:00 – 5:00 Mon. – Fri.

Individual and group counseling for children under 18

Youth Services for Oklahoma County 405-235-7537

201 N.E. 50th St.

OKC, OK 73105

8:00 – 9:30 Mon. – Thurs.

- Free services
- Individual and group counseling for youth under 18
- Family counseling

Mid-Del Youth and Family Center 405-733-5437

316 S. Midwest Blvd.

8:00 – 5:00 Mon. – Fri.

- 24-hour crisis intervention
- Emergency youth shelter
- Individual and group counseling

Family Junction – Youth Services Okla. Co. 405-272-0726

108 N.W. 15th

OKC

- Emergency shelter
- Youth 12-17 only

Moore Youth and Family Services 405-799-3379

115 S.E. 1st

Moore

8:30 – 5:00 Mon. – Fri.

Free services

Individual, family and group counseling

Tri-City Youth and Family Center 405-390-8131

14625 N.E. 23rd

Choctaw

Monday 8:30 - 8:00 p., Tuesday 8:30 to 7:00 p.m., Wed. 8:30 - 6:00 p.m., Thu. 8:30 - 8:00 p.m., Fri. 8:30 – 12:00 p.m.

- Individual, family, youth and group counseling.
- Out-patient AOD counseling for children, adolescents and families.

Bethesda Alternative 405-364-0333

Norman

- Sexual abuse treatment for ages 18 and under (group and limited individual).
- Services for offenders
- Services for male sexual assault survivors

Sunbeam Family Services 405-528-7721

616 N.W. 21st

OKC

6:30 – 5:30 Mon. – Fri.

- Youth and family counseling
- Foster care
- Day care

Family Junction Youth Shelter 405-272-0726

203 N.E. 50th St.

OKC

24-hours

- Homeless youth under 18 may stay 1 night without parent's permission.

- Crisis intervention
- Counseling available

District Attorney's Victim/Witness Center 405-713-1722

320 Robert S. Kerr Ave., Rm. 409

OKC 73102

8:00 – 12:00, 1:00 – 5:00 Mon. – Fri.

- Assistance and support for persons (adults and children) who are victims of sexual assault.

Child Abuse Response and Evaluation Center(Care Center) 405-236-2100

1403 Ashton Place

OKC

8:30 – 5:00 Mon. – Fri.

- A coordinated approach to investigations.
- Trains professionals
- A safe environment for abused children.

REFERRAL SERVICES

OASIS 271-6302, 1-800-426-2747

P.O. Box 26901

Oklahoma City, OK 73126

8:00 – 6:00 Mon. – Fri.

- Provides free statewide information, referrals and one-on-one assistance in locating available service in Oklahoma
- Resources include state and local agencies, organizations, private providers and other social service and health care programs.

Hart Line 405-848-2273

24 hour hotline

- Provides information and referral services
- Provides free confidential and anonymous telephone listening and crisis intervention

Latino Community Development Agency 405-236-0701

420 S.W. 10th Street

OKC, 73109

- Start Right
- Safe Care
- Job referrals
- Provides information to the Latino community about services, opportunities, contacts, etc.

Oklahoma Alliance for the Mentally Ill 405-230-1900

1920 N. Drexel Blvd

OKC, 73107

8:30 – 4:30 Mon. – Fri.

(no fee)

Referrals and resource information for the following services: advocacy literature, family education classes, parent support and networking, peer support.

Developmental Disabilities 1-800-522-1086

(answered 24 hours a day)

Information on services for persons with mental retardation and other developmental disabilities.

Oklahoma Respite Resource Network 1-800-426-2747

Respite is temporary relief for families or caregivers of a disabled child or children.

The Referral Center for Alcohol and Drug Services of Central Oklahoma, Inc 405-525-3108

1215 N.W. 25th Street

OKC, 73106

24 hour referral to area treatment facilities for alcohol and drug abuse, medically supervised detoxification, individual treatment, needs assessment, family education program, outpatient services, DUI assessment, DUI school, employer assistance program.

Join Oklahoma, (Joint Oklahoma Information Network) 211

This is an information referral source for many programs and services to help individuals and families. Information about many programs and services are offered on this web site.

www.join.ok.gov

Oklahoma has a special telephone number you can call to find out about all kinds of help and services. To use this service just dial 211. Or visit the web site at: <http://www.211oklahoma.org>

SCHOOL LUNCHES

Free or reduced price school lunches are available for children who attend Oklahoma City Schools whose families meet income criteria. log on to: Link: www.okcps.org/cns Or call child Nutrition Services at (405) 587-1032 Similar programs may be available in other school districts. For schools other than those in the Oklahoma City School District, please contact the school or district.

Oklahoma County School Districts

- Bethany, 44 Peck Road, Bethany 405-393-3350
- Choctaw/Nicoma Park, 12880 NE 10th St, Choctaw, 73020, 405-769-4859
- Crooked Oak 1901 SE 15th St. OKC, 73129, 405-677-5252
- Crutchfield 2401 N. Air Depot Blvd, OKC 405-427-3771
- Deer Creek 20701 N. McArthur, Edmond, 73012 405-348-6100
- Edmond 1001 W. Danforth \ Edmond, 73003 405-340-2800
- Harrah 755 Harrison Street Harrah, 73045 405-347-2500
- Jones. 412 SW 3rd St Jones, 73049 405-399-9215
- Luther 900 S. Dogwood Luther, 73054 405-277-3545
- Midwest City/Del City. 7217 SE 15th, Midwest City, 73110 405-737-4461
- Millwood 7217 SE 15th, Midwest City, 73110 405-737-4461
- Oakdale 10901 N. Sooner Road, Edmond, 73133.. 405-7717013
- Oklahoma City 900 N. Klien, OKC 405-587-0000
- Putnam City 5401 NW 40th St., OKC, 73122. 405-495-5200
- Western Heights 8401 SW 44th St., OKC, 73179 405-350-3410

TRANSPORTATION

Community Action Agency 405-232-0199

319 NW25th

OKC

8:00 – 5:00 Mon. – Thurs.

- For Homeless only
- Bus passes and gas vouchers for persons actively seeking employment
- Additional assistance to individuals who have successfully gained full time employment.
- Gas
- Car repairs (under \$50)
- Prescriptions (under \$15)
- Local transportation (bus tokens, local gas)
- Work referrals

Travelers Aid 405-232-5507

1033 N. Walker.

OKC 73102

8:00 – 4:30 Mon. – Fri.

- Homeless Assistance Only

Metro Transit 405-235-7433

300 S.W. 7th

OKC, 73109

Monthly pass \$40

Individual rides:

\$1.25 Adults (18 and over)

\$.60 children under 17 years and over 5 years

Free for children 5 years and under

6-17yrs. \$25 ride all summer

Sooner Ride 1-877-404-4500

For eligible Medicaid recipients needing rides for non-emergency Medical appointments. Call for eligibility and reservations.

77Metro Link. 405-688-6552

- For services nights and weekends when regular bus service is not running.
- Available in parts of OKC, Del City, MW City, Choctaw, and Jones.

UTILITIES/RENT

Associated Catholic Charities/Vincent DePaul Society

405-232-2266

1501 N. Classen Blvd. OKC

8:00 – 5:00 Mon. – Fri.

Serves their parishes/people living within parish boundaries. May provide money as needed on an emergency basis when no other resources are available.

Guild of St. George 405-235-3646

117 NW 7th

OKC

9:00 – 12:00noon M-W-F

- Cannot provide money for whole bill. Must bring cut-off notice and speak with one of the counselors
- Provides one time help for partial payment of utility bill (\$30.00 maximum)

Salvation Army 405-246-1060

501 S. Harvey
OKC, OK 73101

9:00 – 12:00, 1:00 – 4:00 Mon. – Fri.

- Emergency financial assistance for utilities
- Depends on availability of funds
- Department of Human Services (DHS)
- Call individual offices for information on assist. (numbers listed on page 24)
- Low Income Home Energy Assistance Program (LIHEAP)
- Benefits to help low income elderly and disabled persons with heating fuel, and utility bills (gas and electric only)

Presbyterian Urban Missions 405-946-1556

3737 N. Portland
OKC, OK 73125

Tues, Thurs. 9:00 – 11:00a.m.

Emergency assistance with utility bills

Jesus House 406-232-7164

1335 W. Sheridan Ave.
OKC

Assistance for utility bills when funds are available

Neighbor for Neighbor 405-236-0473

300 S.W. 13th St.
OKC

Schedule; 5 days per week, 1st come 1st served.

Helps with food, utilities under \$50.00, transportation to new jobs, prescriptions and other emergency services.

Neighborhood Services Organization (NSO) 405-236-0413

431 S.W. 11th Street
OKC, 73109

8:00 – 12:00, 12:30 – 4:30 Mon. – Fri.

- Utility assistance program to eligible low income individuals and families in need of utility payment assistance. (Help offered if funds are available).
- Amount of help is based on a normal month's usage.
- The person must reside in OK County and have a current cut off notice
- The assistance is a one time a year minimum payment

WIC CLINICS

WIC provides nutritious foods, nutrition education, referrals to health and human services, breastfeeding support, and immunizations (at some clinics). Food benefits are issued for each client. Both fathers and mothers can receive and spend the benefits for their children. Foster parents and all other parents of lower income can apply. WIC helps:

- Pregnant women
- Women who are breastfeeding a baby under 1 year of age
- Women who have had a baby in the past six months
- Parents, step-parents, guardians, and foster parents of infants and children under the age of 5 can apply for their children

This list shows the WIC locations in Oklahoma County:

Edmond

Hope Center Health Clinic 405-348-4680
1251 North Broadway (Broadway & Danforth)
(After 5:00p.m. Tuesdays only)

Del City

Variety Health Center: Mid-Del Clinic 405-677-1129
3851 Tinker Diagonal, Del City
(North side of I-40 at Sunnyslane exit, west of Sunnyslane)
(7:30a.m. – 5:30p.m.)

Midwest City

OCCHD East 405-419-4116(T) 405-425-4384
6739 East Reno
(Inside Heritage Park Mall, north of Dillard's)

Guiding Right, Inc 405-733-0771

7901 NE 10th, Suite A-109

(West of NE 10th Street & Midwest Boulevard, on the north side)

Oklahoma City

Oklahoma City-County Health Department 405-425-4384
WIC 921 NE 23rd Street (NE 23rd & Kelley)
(Main) 405-427-8651

OCCHD Emerson Teen Parent Program (M) 405-236-8172

WIC Location: 720 N Dewey
(715 N Walker–School Location)
(T,W,Th,F) 405-425-4384

OCCHD Rominger Center (T,Th,F) 405-419-4053
3450 SW 29th
(M,W) 405-425-4384

OCCHD West 405-419-4182
4330 NW 10th (east of Meridian)

OCCHD Capitol Hill.405-230-1942
210 W Commerce

OCCHD Weed and Seed Community Center 405-425-4345
1911North Classen Boulevard

Oklahoma City Indian Clinic 405-948-4900, (ext. 150 or 151)
4901West Reno, Suite 700
(Tues. & Fri 8:00 – 5:00, Wed. 1:00 – 5:00)

NSO-West Health Center 405-942-2008
1139 N Meridian

NSO-NW 405-440-9608
5818NW 50th, Suite 400

Variety Grand Boulevard 405-232-0616
948 SW 36th Street
(7:30a.m. – 5:30p.m.)

Spencer Mary

Mahoney Health Center 405-769-3301 (ext. 1268)
12716 NE 36th Street (west of Hiwassee Rd)

This guide was produced by The OK County Kids Task Force, a non-profit group. We hope the guide has been helpful to you. To comment about the guide, or to request changes, deletions, or additions to listings, please contact us via e-mail address found at this site:
www.okcountykids.org.

OkCountyKids
Task  Force